

VETERAN ATHLETICS

The Newspaper of the British Veteran Athletics Federation

No 55 JANUARY 2001

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How do you measure up?

GATES ENDS A GOOD TERM'S WORK

NIGEL GATES, at 47, completed one of his most successful 12 months with yet another National veteran title, writes Alastair Aitken. Gates had started the year by taking the BVAF M45 cross country crown and winning the men's race outright - a feat he repeated in November's Home Countries CC International - and then closed his 2000 account by annexing the BVAF 10 mile championship in a rain lashed Rockwell Park on the 10th December.

Buffeted by wind and rain the runners were led out by Gates but he was soon joined by Alex Rowe, Martyn Flowers, Jim McMahon, Richard Jenkin and Andy Catton. The expertise of

event organisers, Stan Allen (of local Herne Hill Harriers), Jack Fitzgerald and Bridget Cushen helped to make the day a success despite the conditions. The testing course included 13 hills and 39 turns had to be negotiated during the four and a bit laps, not to mention the many large and deep puddles. All of which meant that fast times were ruled out.

Alex Rowe, second vet in the Tour of Thameside and boasting a 52:12 10 mile best, was the only threat to Gates as the two powered away from the pack. As Rowe grew in confidence he took the initiative on several stretches but Gates, despite feeling the cold in his legs, had the **continued over**



Photograph: Jeremy Hemming

GATES ENDS A GOOD TERM'S WORK

◀ **continued from page 1**
 race under control. With Gates' clubmates Bob Shannon, Steve Lonnen and Graham Hannaford well to the fore, it seemed that Brighton & Hove had the team prize sewn up.

Gates, who had been testing Rowe on the hills, broke away during the last lap. A teacher for learning difficulties at all levels at the Ringmer Comprehensive, Gates said later, "My main motivation to do (the 10) was for the team. I knew Alex Rowe is a good road runner. The main thing was concentration... going round and round the laps, getting wet and cold."

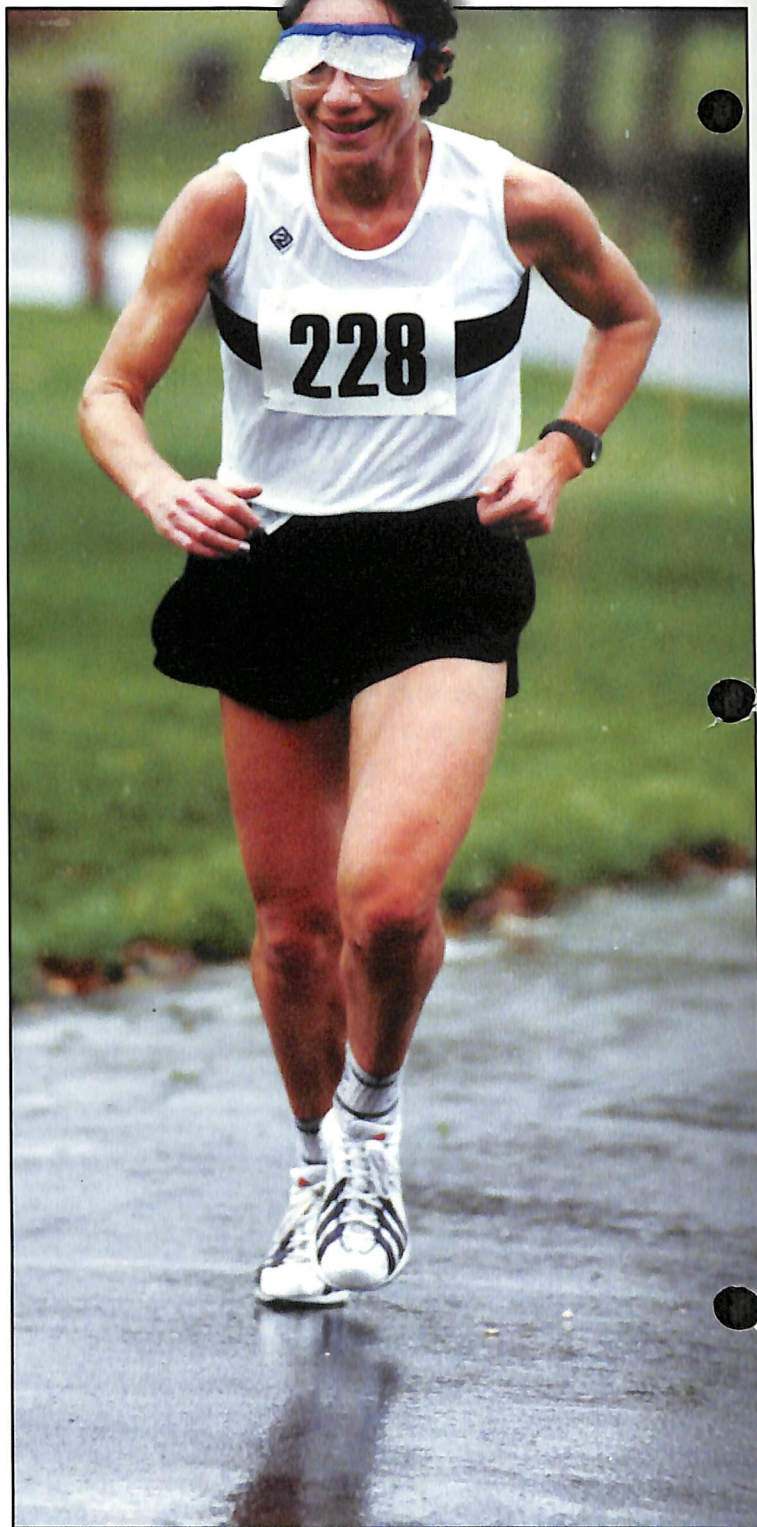
Gates added "My main aim all autumn was the Home International. I was working out at a steady 70 miles a week but ... getting the quality back. It just about came together in time for the International. It has been a really good year."

Neil Robson (M50) from Bingley, won his first veteran outdoor title and his clubmate

Fred Gibbs took the M60 award to add to his track 10,000m title in the Summer. For three miles Robson kept company with another M50 competitor, the experienced QPH runner John Willoughby. He then caught and passed, the M50 leader Alan Daglish at the end of the third lap. Until the age of 45, Robson had played football and cricket for Basildon followed by a short spell at golf before coming into athletics. His daughter runs for Hampshire and is an international duathlete.

Surrey M55 cross country champion Vince Hancock, won his category. Vince spends his summers with his wife in the South of France where rather more wine drinking than running is done in the very hot weather. He likes to return for an enjoyable winter season. It was good to see Len Parrott, an old training partner of this writer in the City during the 80s, take the M65 title.

Danielle Sanderson (38) who



Danielle Sanderson, 'fresh' from winning the London to Brighton run, held off fast finishing Alison Fletcher to take the women's title. Photograph: Jeremy Hemming

MALTA 2001

7th European Veterans Athletic Non-Stadia Championships
28-29 April, 2001

For Details or Application Form

7th EVAA NON STADIA CHAMPIONSHIPS MALTA 2001

Contact: Mr Tony Chircop
 PO Box 36, Qormi, Malta.
 Tel/Fax (00356) 247675, 487704, 432402
 Email: maaa@global.net.mt
 Website: www.global.net.mt/maaa

started jogging eleven years ago and quickly reached international level as a marathon runner, was hoping to add to her victory in the London to Brighton. She met stiff opposition at Brockwell Park as smooth running Alison Fletcher eroded her lead in the final stages but Sanderson was strong enough to hold on well.

Sanderson's father, Justine Myers, was a well known doctor in Brighton's Jewish com-

munity where Sanderson spent the first 19 years of her life. That was Danielle's motivation to try the London to Brighton race and she hopes to do a few more ultra races in the future.

Ros Tabor's 72:31 clocking was good in the conditions and it gave her the W50 title. Pam Jones who has been running well since the 1960s, took the W60 prize.



Left (left to right):
The Lord Mayor of Westminster,
Councillor Michael Brahams;
Sir Chris Chataway; Sir Roger
Bannister; Elaine Statham and
BVAF Chairman Mick Statham

1954 REVISITED

Two knights of old may have felt their pulses racing once more when Sir Roger Bannister and Sir Christopher Chataway revisited the scene of interval sessions that led to the first four-minute mile in 1954.

Although now just a grass area known as 'The Village Green' the original 440 yard cinder circuit at Paddington, inside a banked cycle track, often witnessed Chataway, Bannister and Chris Brasher training under the watchful eye of coach Franz Stampfl.

On a medical student at St Mary's Hospital School, Bannister travelled two stops

by tube from Paddington to Maida Vale station which was just a short walk from the track.

"We used to run ten quarters in 60 seconds with a two minute jog in between," explained Bannister, "building up to running the quarters in 58 seconds. That took 30 minutes and, together with warming up and down, the session lasted no longer than an hour."

Chataway added, "The surface was awful. It was like running on sand in the summer and on mud in the winter."

The reason for the athletic legends' visit on September 10th was the unveiling of two plaques which detail the back-

ground to the historic race at Iffley Road, Oxford on May 6th, 1954. Invited to represent the BVAF was the newly elected Chairman Mick Statham and his wife Elaine.

There had been plans by Chataway to breach another mile barrier with his fast approaching 70th birthday in January.

"My aim was to run a sub-six mile on my 70th birthday," said Chataway. However, recent injuries have taken their toll and Chataway's formidable speed sessions at Battersea Park with the 'Lunchtime Crowd' will have to be put on hold. *Pete Mulholland*

300 Club Prize Draw WINNERS

AUGUST: £125 to Sigrun Sangvick (Sevenoaks). £10 each to D Weatherburn, I Nicholls, J Rose, T Ashton and H McMahon.

SEPTEMBER: £125 to Paul Stiles (Enfield). £10 each to G Jackson, S Goodlad, J Jewell, P Acton-Phillips and F Dobson.

The 300 Club Prize Draw helps to fund the VETERAN ATHLETICS newspaper; winners each month win £125 with five £10 runners-up prizes. One share of the 300 Club costs £12, more than one share increases your chances of winning!

Send your cheques, made payable to 'Veteran Athletics', to Jack Fitzgerald, 67 Goswell Road London EC1V 7EN.

Newspaper Support Fund

Donations to augment income and help the continued publication of VETERAN ATHLETICS are always welcome, please make your cheques payable to 'Veteran Athletics' and send to Les Brown, 55 Middle Lane, London N8 6PE.

The following supporters have contributed since the last issue - we are grateful for their generosity.

W G Kneale, Ursula Duckworth, Sid Hood.

MALTA PREPARES FOR NON-STADIA CHAMPIONSHIPS

Tony Chircop, Vice-Chairman Organising Committee

On Sunday 19th September 1999, the Malta Amateur Athletic Association (MAAA) was given the right and the obligation to hold the European Veterans' Non-Stadia Championships in 2001.

Malta is a small island with a population of about 360,000 situated in the middle of the Mediterranean, sixty miles south of Sicily. It is renowned for the hospitality of its people, warm climate and the blue unspoiled sea that surrounds the island.

The MAAA set up an organising committee headed by a very experienced and respect-

ed team leader. We were lucky to have found Justice Dr Gino Camilleri to chair the Organising Committee. Dr Camilleri had, in 1993, chaired the Organising Committee of the Games of the Small States of Europe, experiencing most of the difficulties that would be facing when organising such an event.

The Venues

First the committee had to choose the location and plan the routes they intended using for the championships. This, in fact, started prior to the signing of the agreement with EVAA and was possible thanks to the

co-operation of the police authorities and the Mayor and Council of St. Paul's Bay, a very popular tourist resort, where it was decided to hold the 10km race and the Half Marathon. The Race Walking events will be held along Ta' Xbiex Sea Front, a yacht marina only two miles from Valletta, the capital city of Malta.

Another important factor that had to be taken into consideration was budgeting the financial support for these Championships. Funds had to be made available to enable the Organising Committee to ensure that all preparations

were up to standard. Although sponsors for sporting events are a species that is increasingly becoming extinct, the Organising Committee managed to find enough sponsors, including the Parliamentary Secretary, Ministry of Education, who is the major sponsor of this event, followed by EuroSport, adidas, Air Malta, San Michele, Holiday Malta (Malta Direct), Air Supplies, Malta Tourism Authority and Bank of Valletta International BOV Card Services Division.

Of great importance was the engagement *continued over*

CHAMPIONSHIP EQUIPMENT

HURDLES

Age	Distance	Number	Height	Distance to 1st hurdle	Distance between	Distance to finish	Toppling Weights
M40-49	110 m.	10	99.1 cm	13.72 m	9.14 m.	9.72 m	3.6kg
M50-59	100 m.	10	91.4 cm	13.00 m	8.50 m	10.50 m	3.6kg
M60-69	100 m.	10	84.0 cm	16.00 m	8.00 m	12.00 m	2.7kg
M70	80 m.	8	76.2 cm	12.00 m	7.00 m	19.00 m	2.7kg
M80	80 m.	8	68.6cm	12.00 m	7.00 m	19.00 m	2.7kg
M40-49	400 m.	10	91.4 cm	45.00 m	35.00 m	40.00 m	3.6kg
M50-59	400 m.	10	84.0 cm	45.00 m	35.00 m	40.00 m	2.7kg
M60-69	300 m.	7	76.2 cm	50.00 m	35.00 m	40.00 m	2.7kg
M70+	300 m.	7	68.6 cm	50.00 m	35.00 m	40.00 m	2.7kg
M40-M49	3000 m SC	35	91.4 m	Varies	70.00 m	62.20 m	-
M60+	2000 m SC	28	76.2 m	Varies	70.00 m	62.20 m	-
W35-39	100 m.	10	84.0 cm	13.00 m	8.50 m	10.50 m	3.6kg
W40-49	80 m.	8	76.2 cm	12.00 m	8.00 m	12.00 m	2.7kg
W50-59	80 m.	8	76.2 cm	12.00 m	7.00 m	19.00 m	2.7kg
W60+	80 m.	8	68.6cm	12.00 m	7.00 m	19.00 m	2.7kg
W35-49	400 m.	10	76.2 cm	45.00 m	35.00 m	40.00 m	2.7kg
W50-59	300 m.	7	76.2 cm	50.00 m	35.00 m	40.00 m	2.7kg
W60+	300 m.	7	68.6 cm	50.00 m	35.00 m	40.00 m	2.7kg
W35+	2000 m SC	28	76.2 m	Varies	70.00 m	62.20 m	-

M60 100m Hurdles. Using the 80m hurdles markings, two hurdles are added at 76 metres and 84 metres, continue with the normal 80 metres markings.

MALTA PREPARES FOR NON STADIA CHAMPIONSHIPS

Continued from page 3

of a tour operator who had the operational set-up and connections to transport an estimated 1,500 participants (together with another 1,000 family members and supporters) from various European cities with the largest number, (40% - 50%) coming from the UK.

After careful consideration, the Council decided to appoint 'Holiday Malta', a wholly owned subsidiary company of Air Malta, Malta's national airline which, although based in London and a very strong 'Malta Specialist' in the British Market, has agencies in the Scandinavia, Germany, Italy, Holland, Russia and even in the Czech Republic.

Race Walking

Race Walking was only introduced in Malta a few years ago and therefore the local Association has taken the opportunity to promote this event, hoping to raise the local standard to competitive level. In preparation for these championships, the MAAA has recently organised a Race Walking course for Judges which was conducted by Peter Marlow, an IAAF Instructor in the event who is also the Chairman of the Race Walking Committee of the European Athletic Association.

To encourage athletes to take up Race Walking, the local Association has made available a coach specialising in Race Walking.

In an effort to make these championships more interesting, enjoyable and unique, the Organising Committee decided to include a Road Relay. In view of the fact that Saturday 28th and Sunday 29th April 2001 are followed by a Bank Holiday and Tuesday 1st May is a public holiday in most European countries, it was felt that a Road Relay would appeal to the team or even national spirit of most athletes.

It was therefore decided that a 4 x 3000m road relay which, though not officially part of the EVAA Championships, would be held and that the winning teams in each ten year category would be awarded prizes.

Since these are European Championships, it was therefore necessary that the race

routes be measured and certified by an AIMS/ IAAF-qualified measurer. The measuring was carried out in June 2000 by Mike Sandford. Mr. Sandford is a qualified Measurer from the United Kingdom and he spent four days measuring and mapping out all the Road Running and Race Walking routes.

Programme of events

When drawing up the programme of events, the Organising Committee tried, as much as possible, to retain the traditional timings from previous championships. One has to keep in mind that participants who train all year round and travel from one Championship to another might feel upset if the programme is changed radically. However, knowing that the temperature in Malta can get really hot during the daytime towards the end of April, we took care to programme the start of the running events slightly earlier than usual.

EVENTS

- Saturday 28th April 9.30am - 10km Road Race
- Saturday 28th April 2.00pm - 30km Men's Walk
- Saturday 28th April 2.15pm - 20km Women's Walk
- Sunday 29th April 9.30am - Half Marathon
- Tuesday 1st May 10.30am - 4 x 3000m Road Relay

FIELD

M40-49	
DISCUS	2kg
JAVELIN	800gm
SHOT	7.25kg
HAMMER	7.25kg
M50-59	
DISCUS	1.5kg
JAVELIN	700gm*
SHOT	6.00kg
HAMMER	6.00kg
M60-69	
DISCUS	1kg
JAVELIN	600gm
SHOT	5.00kg
HAMMER	5.00kg
M70-79	
DISCUS	1kg
JAVELIN	500gm *
SHOT	4.00kg
HAMMER	4.00kg
M70-79	
DISCUS	1kg
JAVELIN	500gm *
SHOT	4.00kg
HAMMER	4.00kg
M80+	
DISCUS	1kg
JAVELIN	400gm *
SHOT	4.00kg
HAMMER	4.00kg
W35-49	
DISCUS	1kg
JAVELIN	600gm
SHOT	4.00kg
HAMMER	4.00kg
W50-59	
DISCUS	1kg
JAVELIN	500gm*
SHOT	3.00kg
HAMMER	3.00kg
W60-69	
DISCUS	1kg
JAVELIN	400gm
SHOT	3.00kg
HAMMER	3.00kg
W70-79	
DISCUS	1kg
JAVELIN	400gm
SHOT	3.00kg
HAMMER	3.00kg
W80+	
DISCUS	1kg
JAVELIN	400gm
SHOT	3.00kg
HAMMER	3.00kg

* Changes from December 1999

Indoor Weights are exactly the same as Outdoor weights. Rubber weights may be used



BVAF OPEN CROSS COUNTRY CHAMPIONSHIPS

SATURDAY 24th MARCH 2001

(permit applied for)

SINGLETON PARK, SWANSEA

Organised by Swansea Harriers AC and Welsh Veterans AA

Supported by City and County of Swansea Leisure Services

OPEN TO ALL VETERANS

Women over 35 years; Men over 40 years of age (on race day)

RACE 1 5km Women (all ages) and men over 70 13.00

RACE 2 10km Men 50-69 13.45

RACE 3 10km Men 40-49 15.00

BVAF Individual Awards to the first three in each five year age group

BVAF Team Awards to the first three teams M40-49 (4 to count).

All other age groups 3 to count.

BVAF Championship competitors in M60-69 and W45+ groups who wish to count for M50-59 and W35 teams instead of their own, must declare on the entry form.

ENTRY FEES Members of veteran club £4.50

(NO TEAM FEE) All other competitors £6.50

must include proof of age e.g photocopy of birth certificate, driving licence, passport etc.

SAE (9x6) required for race number, confirmation and travel directions. Send completed entry form with fee to: BVAF Cross Country Championship, 40 Twyni-Teg, Killay, Swansea SA2 7NS. Welsh Athletes are required to give their AAW Registration Number. Cheques made payable to "WVAA". **CLOSING DATE: 3RD MARCH 2001.** Entries will not be accepted after this date. No entries on the day. (Confirmation will be sent out after closing date).

For accommodation details please tick ☐ and enclose additional 9x6 SAE

BVAF 2001 Open Cross Country Championship Entry Form

I wish to be entered for the above championships on 24th March 2001. I agree that the organisers shall not be liable for any accident, injury, loss or damage howsoever caused or as a consequence of my participation in this event.

Surname _____ **First Name** _____ **M/F** _____

Age on 24/3/2001 _____ **D.O.B.** _____ **Age Group** _____

Address _____

_____ **Post Code** _____

YOUNGER TEAM DECLARATION M50-59 W35-44 AAW Reg. No. _____

TRAVEL DETAILS: Car, Mini Bus, Coach, Train (delete as necessary) _____ Welsh athletes only

First claim BAF athletic club _____ **BVAF Club** _____ **Membership No.** _____

I enclose a race fee of £ _____ **Tel: (day)** _____ **(evening)** _____

I confirm the above details are correct **Signed** _____ **Date** _____

MARATHON RUNNER WITH TRACK SPEED

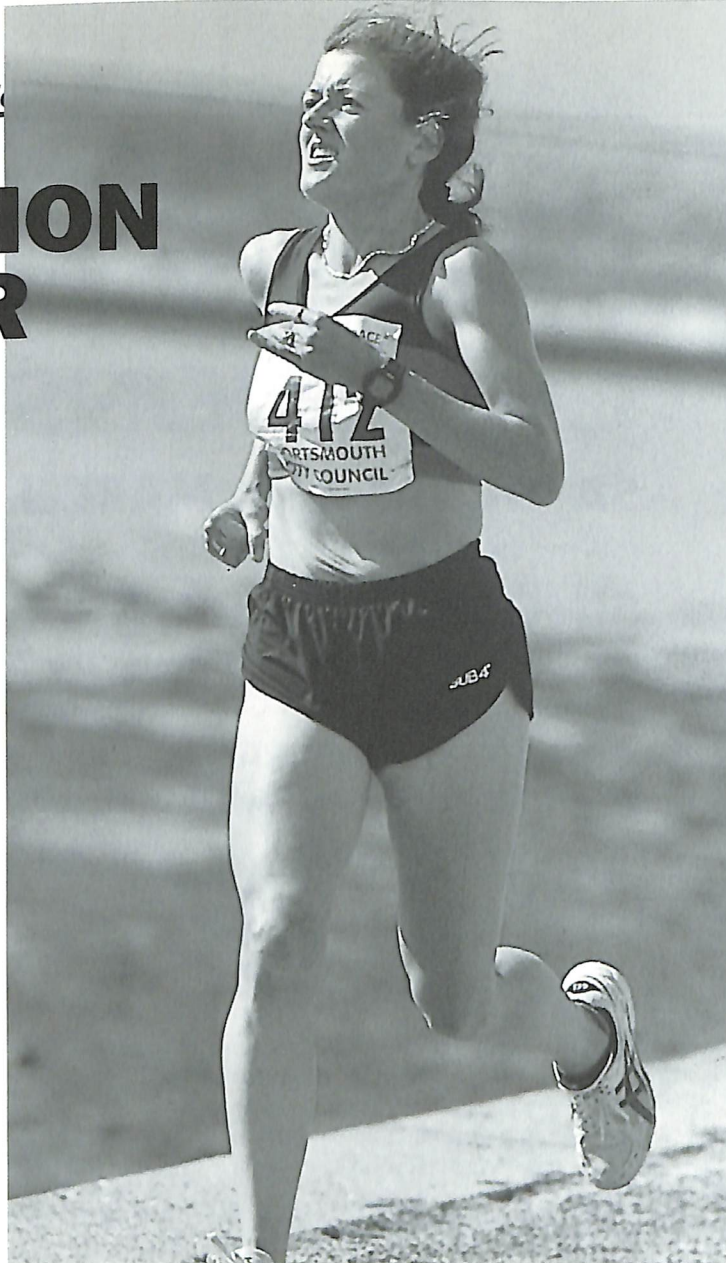
Clare Pauzers (born in Newcastle, 2 August 1962) turned to the 800m and 1500m last Summer to improve her speed before going back to cross country and then the marathon in April, writes Alastair Aitken.

Pauzers (Herne Hill Harriers) who is now coached by Manchester-based Peter Docherty, tasted success on the track when she won the BVA F W35 1500m in 4:36.29. She burnt off the faster 800 metre runner Sarah Heath (Shaftesbury Barnet Harriers) by going for the win with two laps remaining. She was back in the late-summer, moving up to 5km but on speed training only, gaining the bronze medal in the W35 age group in the BVA F championship at Portsmouth. Pauzer's husband Valdis was the fourteenth M45 in the men's Championships.

"Valdis is so encouraging with my running and looks after Carlin, our 13 month old child-when I am competing. In fact, we go out with a three wheel buggy when training in Richmond Park. An ideal place for running."

Pauzers, now training five days a week, looks back to her 2:43:27 in the Frankfurt Marathon when she was 35 as her most satisfying and enjoyable performance. Pauzers began running in earnest at 25 or 26 after carrying bags and watching others perform. She tried some secret training and immediately made inroads into an athletic life.

Clare who has run 10km in 34:30, reflected, "Running is a large part of one's life and a pleasure to do. We spent four years in Italy at one time and joined an Italian club. It really opened up a network of friendship for us."



GOLDS GALORE!

If there was an award for the outstanding track performer of the European Veteran's Championships held in Finland, surely Francisco Vicente of Portugal would be a leading contender, writes Pete Mulholland.

Already a clear winner of the 1500m, the 5000m and the 10,000m, the 67-year-old Francisco celebrated another front running victory in the 2000m steeplechase on the final track day with his trade mark one lap warm down faster than the remaining M65 competitors still circling the track.

His tactics in Finland, although not textbook, proved foolproof. Hit the front immediately and increase the lead with every lap to arrive at the finish with a smile.

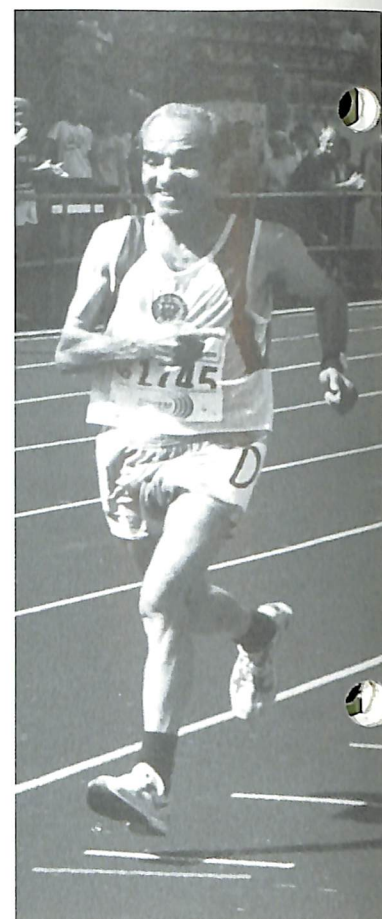
Born on 4th February 1933 in Torres Vedras, "a little city in Portugal," where he still lives,

Francisco started running at the age of 52. "I ran to lose my stomach," he admitted.

Three years later - as an M55 - at the 1988 European Championships in Italy, he earned his first international medals with silver in the 10,000m and bronze in both the 1500m and 5000m.

Then the gold rush started with his 1992 European Marathon victory in Norway in a fast 2:42 before taking the 1993 World Championships in Japan by storm with four M60 gold medals on three surfaces. Victory over the country preceded his 10,000m and 5000m wins before taking the marathon where his clocking of 2:40 saw Francisco home some 12 minutes ahead of his nearest challenger.

Six years later and now competing in the M65 category Francisco arrived in Gateshead for more gold prospecting as



he panhandled his way to World Championship wins in the 5000m, 10,000m and 2000m steeplechase after 'only' taking silver in the opening day's cross country event.

Consistent training over the years for Francisco, who surprisingly for a veteran athlete admits to, "Never having been injured," is the bedrock of his success.

"I train every day, running about 10 - 15 kilometres, most of which is fartlek based. I try to do a couple of track sessions each week consisting of around 10 or 12 sprints of 200m and sometimes, but not too often, some practice over the steeplechase barriers."

As to his favourite event, Francisco has no hesitation in saying, "the 5000m but I no longer run marathons."

Francisco is a local sporting celebrity in a home city that gives great support to the veteran athletes and whose Mayor provided much of the travel costs to Finland.

There is a statue in the centre of Torres Vedras of the cyclist Joaquim Agostinho, twice placed third in the Tour de France. Who knows, in years to come there may yet be a statue in honour of Francisco Vicente.

14th NATIONAL OPEN VETERANS ROAD RELAY CHAMPIONSHIPS

SATURDAY, 12 MAY, 2001 AT SUTTON PARK, BIRMINGHAM

By kind permission of Birmingham City Council

Open to all Affiliated clubs

Promoted by Midland Veterans AC for the British Veterans Athletic Federation
Championships will be held over a traffic-free three mile course

CHAMPIONSHIP	STAGES	START
Women over 55	3	11.00 am
Women over 45	3	11.00 am
Women over 35	3	11.00 am
Mlen over 70	3	11.00 am
Men over 60	3	11.00 am
Men over 50	6	11.00 am
Men over 40	8	1.30 pm

Medals to first three teams and three fastest individuals in each championship

ENTRIES CLOSE ON 14 APRIL. Entries from B teams will **NOT** be accepted.

Entry form and other details from: DENIS WITHERS, 33 BARKER ROAD,
SUTTON COLDFIELD B74 2NZ (PLEASE INCLUDE 9"x 4" SAE)

Travel 2001

WGT, the official travel agent of the British Veterans Athletic Federation are again offering special arrangements and competitive costs for the three major events to be held in 2001.

European Indoor Championships - Bordeaux, France - 7th-11th March

European NonStadia Championships - Malta - 28th and 29th April

World Athletics Championships - Brisbane, Australia - 4th-14th July

Brochures for all the above events are NOW AVAILABLE

Call or write NOW for your copy

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(Membership) V Thompson, 18 Albany House, Boyfield St. London SE1 OSB. Tel: 020 7928 9577

South West VAC: D G Lord, Old Lord Nelson, 52 North Street, Wareham BH20 4AQ.

(Membership) Ken Ballam, 152 Spring Road, Bournemouth, Dorset BH1 4PX.

Veterans AC: (Membership) G Mellor, 9 Goose Close, Princes Park. Walderslade, Chatham, Kent ME5 7RH

(General) Dennis Williams, 82 Prince Georges Avenue, London SW20 8BH. Tel: 020 8543 6112

Welsh VAA: (General) John Kersting, Foreshore, 57/59 Elgin Rd. Pwll, Llanelli, Carm. SA15 4AF

(Membership) Sue Hooper, 10 Woodland Avenue, Pencoed, Mid Glamorgan CF35 6UP

VAA of England: Mrs. I. Nicholls, Rainbow Cottage, 15 Meadow Lane, Alvechurch, 848 7LH

WORLD ASSOCIATION OF VETERAN ATHLETES (Affiliated to IAAF)

President: Torsten Carlus, Smalandsgraten 25, S-25252, Helsingborg, Sweden.

Executive Vice President: Tom Jordan, 2110 Fairmount Boulevard, Eugene, OR 97403, USA.

Vice President (Stadia): Jim Blair, 43 Emslie Road, Pinehaven, Upper Hutt, New Zealand.

Vice President (Road): Ron Bell, 25 Llwyn Menlî, Ruthin, Clwyd, N Wales LL15 1RC.

Member of the Council: Cesar Moreno Bravo,

Chairman IAAF Veterans Committee: Camino A La Piedra Del Comal 24,
Col Tepepan, 16020 Xochimilco DF, Mexico.

Secretary: Monty Hacker, 115 Froome Rd. Athol, 2196 Sandton, South Africa.

Treasurer: Guiseppe Galfetti, Bahnhofstrasse 1, CH-8956 Killwangen, Switzerland.

Chairman of Records Committee: Willi Koster, Haydnstrasse 28,
D-64 347 Griesheim, Germany.

Women's Delegate: Bridget Cushen, 156 Mitcham Road,
West Croydon, CRO 3JE. Tel 020 8683 2602.

YOUR LETTERS

The letters column of **VETERAN ATHLETICS** is open to all to express their opinions on any subject of interest to our readers. The editor reserves the right to shorten any letter - without altering the meaning - for space reasons. Please address your letters to: The Editor, **Veteran Athletics**, 208 Lampits, Hoddesdon, Herts EN11 8DU.
E-mail: geoffh@london-marathon.co.uk

WINSTON BOWS OUT

On behalf of the BVAf - and particularly myself - I would like to thank all the athletes and officials for their help at the BVAf Championships, Bedford. The championships were a great success, thanks to all of your efforts which were appreciated by those around you. I wish Maurice Doogan all the best for the future and hope you all help him as much as you have helped me - and pester him as well!

The 2001 Interland with France, Belgium and the Netherlands is scheduled for 16th June at the Julie Rose Stadium, Ashford, full details will be in the next issue of the newspaper as there are still some things to be sorted out. The British team will be, possibly, one athlete per event.

The BVAf T&F Championships will be on the 23-24 June at the Thames Valley Athletic Centre, Windsor.

Winston Thomas

THE OTHER SIDE OF THE COIN

May I add a postscript to letter in the last issue which told of my devastation at my performance in the BVAf championships at Bedford, for which I blamed poor standard numbers and the lap recording.

Rendered *hors de combat* by an operation I offered my services as a lap recorder at the Scottish 10,000m. I assiduously prepared myself for the task, drawing up a form to record up to 12 runners. On offering my services, I was given an official form with three runners to record.

I managed to record one runner properly but did not give him any measure of confidence; one runner I lost - he finished when I had him with more laps to run - and the other I recorded incorrectly. Fortunately more experienced operators were supporting me and no harm was done.

This is a more difficult operation than I had envisaged. I shall certainly give myself a few dry runs before I offer to assist at any event in the future. This is no easy operation, it requires skills and experience.

My experience was equalled by at least one other. I take my hat off to our skilled voluntary officials - thank you all once again.

Hugh McGinlay
Falkirk

WHY NOT TRIALS?

I noted in issue 54 that the International Cross Country International was to be held in Navan, County Meath, Eire on November 18th.

What surprises me, being a new vet, but with over 30 years of competitive running in my shoes, is both the timing of this event and the selection procedures.

Points I would like noted are:
1) surely the International should be at the end not the beginning of the CC season;
2) the selectors should be able to use current CC form as track and road does not mean a lot on the country - and the same could be said of previous season's results;
3) each country should have its own championship or trial race in which at least two thirds of the team in each age group is selected on a first past the post basis with the remaining places as a discretionary selection.

We are all aware more and more athletes are moving into the veteran age groups. The International CC is no longer an inter-club event but the target for all veteran athletes.

These athletes should be given the opportunity to run for their places with the best runners earning the right to represent their countries. The spin-off for all the home countries would be a well supported national championship, with runners competing for the right to represent their country in 3 to 4 weeks time.

PS: what about an international road race for us roadies?

Vince Stamp
Portsmouth

MORE BALANCE NEEDED 1

Having read through edition No. 54 of Veteran Athletics this morning, I felt it appropriate to

put my viewpoint on paper. Firstly, whilst I acknowledge the difficulties experienced in compiling the report from the British Championships in Bedford, due to the loss of Pete Mulholland's laptop, it is disappointing that you neglected to mention my CBP of 12.40 in the W35 100m alongside the two other CBP's in the W35 age group, after all it was highlighted in the results section.

I appreciate that veteran athletics is difficult to report upon due to the number of age groups participating. However, since joining the veteran age group some 18 months ago I find it increasingly disturbing in the imbalance of coverage between male and female veteran athletes. There is no greater example of this than in the current edition of Veteran Athletics; there is one picture of a female athlete (ironically on the back page). Whilst it is my opinion that female veteran athletes do not necessarily require positive role models as younger athletes do, however, what we do hope for are images that truly reflect the standards and achievements that we demonstrate.

As a fellow educationalist, I found the article on Tony Wells particularly interesting. I am a Senior Lecturer at John Moores University, and I have two young children and compete for Derby Ladies AC in the National and Midland League. I compete in the 100m and 200m and am their regular A string athlete over both events (despite being 36!). I won the BVAF Championship over 100m in 1999 and retained it in 2000. In Bedford I also won the 200m title (the announcer described it beforehand as a very exciting race in prospect and one to watch out for!). Additionally, I won the British Indoor Championships over 60 metres and won a bronze medal in the World Championships at Gateshead over 100m - my first competition as a veteran. A solid start in the veterans category, whether male or female?

However, the purpose of me writing to you is not for the sake of personal recognition of my achievements but to highlight the need for parity in the coverage of female veterans athletics in all aspects of track and field, road and cross country. At present there

appears to be little evidence of this - whereas, in my opinion, mainstream athletics magazines appear to have a sound balance between male and female coverage. I hope as the editor of such an important magazine for veteran athletes you will consider the points made. This way, when the next edition falls on my door mat, I will not sigh and complain bitterly about the perceived inequalities.

Julie Money
Wirral

MORE BALANCE NEEDED 2

I can only assume that it was PC run wild but why so many pictures of women in your issue No. 53?

Garth Armstrong
Maidenhead

WHERE ARE THOSE TROPHIES?

Following the Annual General Meeting I volunteered to try and trace certain trophies which should be awarded annually at the Cross Country Championships, and which appeared to be "missing"

As this entailed contacting winners of the Championships for 2000 and back tracking through the years, I am much indebted to those athletes and club officials who took the trouble to contact me after diligent searches of their memories and records.

At the time of writing only two trophies appear to be astray, the Women's Team Trophy for the 45-plus age group, entitled the VAC Trophy, where I have made enquiries with winning teams back to 1993; and the Inter-Area Grafton Shield, last competed for, I think, in 1994 when it was won by the South - but who took it?

Please, if you as an individual, or as a team manager, take a trophy away from our championships, please sign for it and, as champions, make the effort to return the award by defending your title. I'm sure the BVAF would like to apologise to those worthy winners who have been denied the pleasure of displaying their rewards on their mantleshelves, no matter how grotesque some of them are!

I also personally would like to award brickbats to those who quite knowingly have retained trophies for between three and

seven years; a road relay award even came back in three pieces - as it was for a three person team I can only assume the members had a piece each.

Maurice Morrell
Wirral

THE BRISBANE WINTER

Having visited Brisbane this year between 30 June and 10 July, I would like to warn British Vets intending to go to the WAVA Championships, that they are being held in the middle of the SE Australian winter. The days are very short with little more than 9 hours daylight and daytime temperatures are quite low, possibly a maximum of 19C and also with quite strong, chilling, southerly winds. I would therefore advise athletes to take plenty of warm clothes and also when selecting accommodation, to make sure that there are facilities for training under artificial light.

We were, however, very impressed with Brisbane, a fine clean, if somewhat old-fashioned State capital, with excellent public transport. The Queenslanders, moreover, will give you a great welcome. G'day!

Hugo J. Fletcher
Aberdeen

BEST PERFORMANCE LISTS

Can you give a plug in the next issue of Veteran Athletics for Women Vets to let me have their best T&F performances in 2000 for inclusion in my rankings book.

The book will be available in early February, price £3.00 plus an A5 stamped (33p) addressed envelope. Cheques should be made payable to "Sally Gandee" and sent to: 4 Westfield Road, Herford, Herts, SG14 3DJ. David Burton will be doing an equivalent men's booklet.

Sally Gandee
Hertford

BVAF INDOOR CHAMPIONSHIPS

Please note that the Walk in these championships in Cardiff on February 17-18, is over 3km and that the entry fees should be made payable to the WVA (Welsh Veterans AA) - NOT as stated in the advertisement in issue 54.

Top Prizes Promised for Cardiff Road Races

Veteran road runners will find a top quality prize list in the Cardiff Festival of Sport to be held May 5-7th.

Ron Bell, event organiser and BVAF Vice Chairman explained: "Veteran athletes make up almost 60% of the field in road races but most prize lists do not reflect this. In Cardiff we aim to put a strong emphasis on the veterans prizes".

Spread over the Bank Holiday weekend, the festival will include four athletics events, a series of one mile road races to be held on the Saturday, a 5km road race on Sunday followed by a 10km road race and a 5km family fun run on Bank Holiday Monday. Other events include city centre cycling, swimming and a duathlon.

Activities will be centred on the County Hall in Cardiff with most events taking place along the newly developed "Bay and Barrage" area of the city. Race organiser for the athletics events will be Graham Finlayson who is accepted as one of the top organisers in the country. It is understood that Finlayson has provided very fast courses for the event. The British Milers Club will organise the series of one-mile races, which are open to all age groups. Like the 5km and 10km races the mile race will be on a flat out-and-back route along the bay. The family fun run is open to everyone and will serve as a fund raising event for charity.

Bell added, "Following the failed talks with EVAA for the European Veterans Road Championships I was adamant that British runners would not be ripped off by high surcharges on top of entry fees. These races will give top class competition and, more importantly, value for money."

Awards are thought to include a number of cash prizes and bonuses for breaking pre-set times for the mile, 5km and 10km based on age graded tables.

CLARIFICATION OF NON-STADIA RULES

Over the past few years the WAVA Non-Stadia committee has worked hard to raise the standard of events at both Track & Field and Non-Stadia championships. **Ron Bell**, Vice President Non-Stadia, has issued the following two pieces of information - relevant to competition at the Brisbane WAVA Championships - to all affiliate countries.

ROAD WALKS

I was greatly concerned at both Gateshead and Valladolid at the continual rule breaking regarding taking drinks during competition. I have asked my Walks co-ordinator (Barbara Dunsford) and Chief Judge (Lamberto Vacchi) to instruct our walks judges in Brisbane to disqualify athletes who break these rules.

I clarify for members the rule (191) that will be strictly enforced.

Personal Drinks

Only a maximum of TWO nominated personnel per country can issue personal drinks to members of their team. Accreditation will be given to the nominated personnel, should athletes receive drinks from other personnel they will be disqualified. I ask all athletes who will use personal drinks to notify their team managers.

On Course Drinks

All athletes can only receive drinks at the official nominated drinks station on the course. Taking drinks at other points will lead to disqualification.

TEAM SCORING ALL NON STADIA EVENTS

Following several appeals regarding team composition in non-stadia events at past championships, it is necessary to clearly define the rules for age group changes in multiple races on the same day.

The official age group changes form must be used

The form will be available at registration and at the non-stadia venue and must:

- be completed in duplicate
- be signed by the team manager
- have any alteration signed by the team manager
- show only the person changing to the younger age group
- be handed in at the venue registration 30 minutes before the start of competition.

Both copies will be signed or stamped by members of the administration team at the venue registration, with one copy returned to the team manager.

A maximum of TWO athletes can be moved down to a younger age group

An athlete can only move to a

younger age group when the younger age group is in the same race

Examples

Event Time table

10.00am W35-39/40-44/45-49
11.30am W50-54/55-59

An athlete changes from 55-59 team to 50-54 - this is ALLOWED as the races are held at the same time.

An athlete changes from 50-54 team to 45-49 - this is NOT ALLOWED as the races are held at different times. However, if the event timetable was: 10.00am W35-59, changing from 50-54 to 45-49 would be allowed as the age groups all run at 10.00am.

Hopefully, affiliates will appreciate the tightening of our rules but should any region strongly disagree it is suggested they contact the WAVA secretary requesting their objection be discussed at the WAVA council meeting to be held in Brisbane prior to the championships. To further reinforce the tightening of rules I will arrange to give a full explanation at the team managers meetings Brisbane with interpreters present for translation.



The aftermath of the European M45 400m Final. Steve Peters (1st) is flat out; Dave Cooke (6th) and Bob Stevenson (5th) are wondering how to get faster; Wally Franklyn is as disappointed as only a 4th placer can be; Viv Oliver (2nd) is happy but thinking, if only...
Photograph: Tony Wells

BRITISH VETERANS ATHLETIC FEDERATION

Application for British Veterans Age-Group Record or "Best Performance"

TRACK OR ROAD EVENTS

To: David Burton Chairman Records & Statistics Sub Committee, 22 Chandlers Way Steyning W Sussex BN44 3NG
 Application is hereby made for a British Veteran Age-Group Record in support of which the following information is submitted. (Please type or use Capitals throughout)

EVENT..... OUTDOOR/INDOOR..... PERFORMANCE.....
 FULL NAME OF COMPETITOR..... MALE/FEMALE.....
 ADDRESS.....

AGE GROUP..... DATE OF BIRTH.....
 MEETING DATE..... STADIUM NAME.....
 TOWN..... COUNTY/COUNTRY.....

RESULT OF RACE

The names of the first three competitors and their times were as follows:

1st..... Time.....
 2nd..... Time.....
 3rd..... Time.....
 Position if not in first 3..... Time.....

STARTERS CERTIFICATE

I hereby certify that the start of the race was in accordance with I.A.A.F. Rules

Name of Starter..... Signature..... Grade.....

TIMEKEEPERS CERTIFICATE (HAND TIMING)

I, the undersigned official Timekeeper of the race, hereby certify that the time set opposite my signature was the exact time recorded by my watch and that the watch used by me has been certified

Time..... Name..... Signature..... Grade.....
 Time..... Name..... Signature..... Grade.....
 Time..... Name..... Signature..... Grade.....

CHIEF TIMEKEEPER

I confirm that the above Timekeepers exhibited their watches to me and that the times were as stated

Name of Chief Timekeeper Signature..... Grade.....

ELECTRICAL TIMING

A Fully automatic electrical timing device was used. The time recorded was.....

Name of Chief Photo-Finish Judge..... Signature.....

WIND GAUGE

I hereby certify that the wind speed in direction of running was.....m/sec

Name of operator..... Signature.....

TRACK REFEREE

I hereby certify that the above performance was achieved in a bona fide competition held in accordance with the appropriate IAAF rules

Name..... Signature..... Grade.....

BRITISH VETERANS ATHLETIC FEDERATION

Application for British Veterans Age-Group Record or "Best Performance"

FIELD EVENT

To: David Burton Chairman Records & Statistics Sub Committee, 22 Chandlers Way Steyning W Sussex BN44 3NG
 Application is hereby made for a British Veteran Age-Group Record in support of which the following information is submitted: (Please type or use Capitals throughout)

EVENT..... OUTDOOR/INDOOR..... PERFORMANCE.....
 FULL NAME OF COMPETITOR..... MALE/FEMALE.....
 ADDRESS.....

AGE GROUP..... DATE OF BIRTH.....
 MEETING DATE..... STADIUM NAME.....
 TOWN..... COUNTY/COUNTRY.....

EQUIPMENT OFFICERS CERTIFICATE

I hereby certify that the equipment used in the record claimed has been examined by me after the performance and conforms exactly with the relevant IAAF Rule except as modified by WAVA by-laws (Appendix A) for veterans competition.

I further certify that the implement weighed.....

Name..... Signature..... Grade.....

FIELD JUDGES CERTIFICATE

We hereby certify that the performance given above was achieved in competition according to the appropriate IAAF rules and was measured in accordance with IAAF Rule 148 Paragraph 11(a).

Name..... Signature..... Grade.....
 Name..... Signature..... Grade.....
 Name..... Signature..... Grade.....

I hereby certify that the wind speed in the direction of jumping was.....metres/sec.

Name..... Signature..... Grade.....

FIELD REFEREES CERTIFICATE

I hereby certify that the above performance was achieved in a bona fide competition held in accordance with the appropriate IAAF rules

Name..... Signature..... Grade.....

RESULT OF COMPETITION

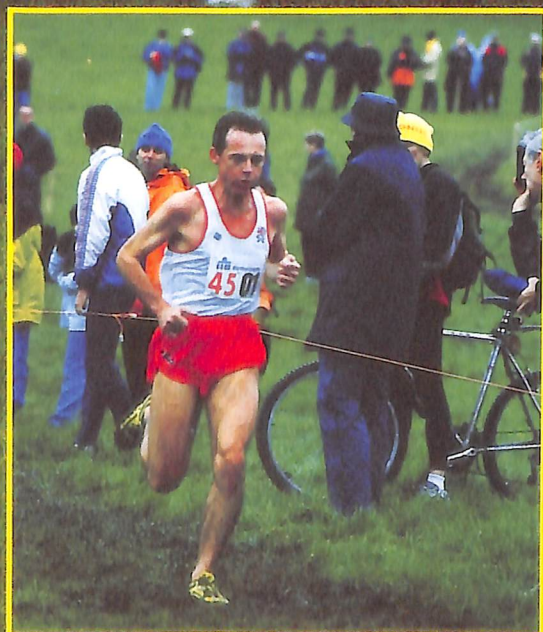
The names of the first three competitors and their performances were as follows:

1st..... Performance.....
 2nd..... Performance.....
 3rd..... Performance.....
 Position if not in first 3..... Performance.....

NOTE: A COPY OF THE RESULTS CARD MUST BE INCLUDED WITH THIS APPLICATION

BRITISH AND IRISH VETERANS' CROSS COUNTRY CHAMPIONSHIPS - NOVEMBER 18 - 1995

MEET THE NEW CHAMPIONS - SA AS THE OLD CHAMPIONS



Pete Mulholland saw two veteran champions at the peak of their powers at Navan, County Meath. Nigel Gates' signature drive in the second half of the race proved effective once again while Anne Keenan-Buckley's power running had the individual race effectively wrapped up after half a mile.

Jeremy Hemming took the photographs

IRELAND
ME

The rolling grounds of Daglan Park played host to two brilliant performances as Nigel Gates and Anne Keenan-Buckley repeated their stylish victories of last year.

First away, Keenan-Buckley gave her home supporters a display in the art of cross country running that was as brilliant as the day's proceedings were organised.

Even more dominant than last year, Keenan-Buckley was 25m clear after 800m the heavy going proving no handicap as she led her team mate Mary Donoghue and Northern Ireland's Sharon Hatch, Shireen Barbour and BVAF 5000m champion Jenny Gray following closely as the first of the W40s.

This lead expanded to 60 seconds by half way with Donoghue still holding second just clear of Gray and Hatch while Sue Ridley had moved through to head Karen Marshall who was looking on song to defend her W45 title.

At this stage the W50 and W55 titles were also appearing settled as both Janette Stevenson and Elaine Statham respectively had pulled away from their rivals.

While Keenan-Buckley was going on her merry way there was no quarter being given for the remaining medals as Donoghue and Gray locked together. Ridley was having a similar scrap with Hatch as they went clear of Marshall, Catherine Wheeler and first English W35, Carol Evans.

After Keenan-Buckley finished in isolation Donoghue snatched second from Gray - first W40 - to give Ireland the best of starts on their way to team honours.

Putting down her success to, "A summer of track racing," Keenan-Buckley admitted, "it was hard but then cross country always is but I'm probably in the best shape I've ever been."

A more than pleased Donoghue admitted to a simple yet effective tactic. "My aim was to hold on and let no one pass me." Third placed Gray, although disappointed to be so close to silver, was overjoyed to take the W40 honours and lead England to victory.

Marshall was untroubled in retaining her W45 title especially, as she confessed, "I was still on the physio's couch two

days ago," as she led home Ireland's Carmel Parnell with former UK marathon record holder Christine Kilkenny placing third to lead England to more team honours.

Stevenson was untroubled for the W50 title as she finished well clear of the strong English pairing of Ann Roden and Zina Marchant while Elaine Statham put her duties as English Team Manager on hold to defend her W55 title.

It might be assumed that Gates was under pressure to maintain his unbeaten record over the country after seven plus years as a veteran but his only thinking before the race was, "Before I thought I should win but today I thought I *could* win."

It was the home based duo of Tommy Payne and Tom O'Connor who led the charge down the inviting opening hill before Mark Burnhope went ahead.

Then Bob Atkinson blasted clear at 1500m prior to completing the first of four laps in 7:46 with Gates second but eight seconds in arrears.

Tracking Gates were Burnhope and Ieuan Ellis - both considered likely challengers to break Gates' streak - plus Ireland's Pat Hegarty and the English pair of Paul Merrison and Steve Robinson.

Atkinson still led at half way with Gates inching closer to pull back two seconds as he pulled away from Ellis who had dropped Hegarty and Merrison both having been re-taken by O'Connor. Burnhope was falling away as the slow starting Colin Donnelly, runner up last year, began to make ground.

The start of lap three saw Gates make a decisive charge past Atkinson on to a 10-second lead with a lap remaining. Ellis was a further seven seconds adrift well clear of Donnelly who had shaken off the trio of Hegarty, Burnhope and O'Connor.

The final lap saw Gates go further clear as Ellis tried to close down on the tiring Atkinson who had enough in reserve to hold second.

"It's as good as it gets," said Gates after a year that has seen him finish first M45 in the World 10km Road Championship and an overall win in the BVAF Cross Country.

Atkinson, 32nd at Bideford admitted, "I wanted to make up for last year so today was pleasing," while Ellis said, "I thought I might get second but Bob came again."

Mike Hagar proved too strong for triple BVAF track winner George Sim in the M50 event with little to choose between them at the half way stage.

Admitting, "I went off too fast and thought I'd blown it," Hagar set aside his five months of inaction during the summer to pull well clear over the second half.

One of the most surprised athletes of the day was Scottish team manager David Fairweather who took some convincing that he had won the M55 category.

By half way Fairweather held a six-second advantage over Ireland's Frank Reilly with last year's winner Graham Patton in close attendance.

Head down and concentrating hard, Fairweather maintained his tempo to add another five seconds. On being informed of his win Fairweather exclaimed, "I don't believe it!"

Such was the quality of the M60 race, dominated by England, that last year's winner Fred Gibbs didn't even score.

It was left to a back-to-form Steve James to stamp his class on the race but it was surprise package Les Presland - originally a reserve after a long spell of injury - who chased James hard in the early stages to clinch second while the consistent Harry Clayton took third.

Making a belated International debut, Surrey M60 champion Keith Spacie supplied he largest winning margin of the day as he led home last year's winner Mick Ward by over two minutes to take the M65 honours.

Not quite as dominant as last year when winning all 11 team titles, England still ran out overall winners with eight victories while a resurgent Irish veteran's squad took both W35 and M50 titles with Scotland the best of the M55s.

Results page 15

CHAIRMAN'S REPORT



Since my report in the last edition of Veteran Athletics, I have been to the BVAF 5km Championships at Portsmouth and the Half Marathon Championships at Wolverhampton, where I both ran the event and presented the medals after. Both events were very well organised.

I have also competed in the World Duathlon Championships in Calais (run 10km, bike 43km and run 5km). All ages were represented in the Age Group race from 16 to 70+ in 5 year bands. A challenging and enjoyable event which is to be recommended.

Westminster Council invited the BVAF to be represented at the unveiling of a plaque at Paddington Recreation ground to commemorate the track on which Sir Roger Bannister trained before his historic sub 4 minute mile. Elaine and I were privileged to attend and trade mile times with Sir Roger and Sir Chris Chataway (see report page 3).

Affiliation fees

At the BVAF Delegate's meeting on the 5th of November in Birmingham, the matter of when increases in the affiliation fees should become effective was decided. A large majority were in favour of SWVAC's proposal that any increase would not come into force until the financial year following the AGM at which it was voted upon.

Integration with UKA

We talked at length at the Delegate's meeting on the subject of integration with the UKA, taking into consideration the advantages and disadvantages as well as the effects we might expect it to have on the area clubs. The BVAF is the only national veteran athletic association in Europe not integrated with the country's national IAAF body. The unanimous decision of the meeting was to appoint Ron Bell as the BVAF Liaison Officer with UKA, his role being to report on the feasibility of integration.

I hope your winter training is going to plan in spite of the rain and snow. Enjoy your athletics.

Mick Statham

WHAT'S ON/FIXTURES

INTERNATIONAL

- 8-11 March European Indoors Bordeaux, France. Cd 10/12. Entry booklet &/or info to OEC 12A Salisbury Road, Grays, Essex RM17 6DQ + 4 x 1st class stamps.
- 28/29 April European Non-Stadia Road Runs & Road Walks, Malto Cd 10/2. Send 2 x 1st Class stamps to address above
- 17 June INTERLAND Match, Ashford, Kent
- 4-14 July WAVA Championships, Brisbane, Australia. Cd 5/3. Send 4 x 1st class stamps to above

NATIONAL

- 17-18 Feb BVAF Indoor T & F Champs Cardiff, info from Mrs S Hooper, 10 Woodland Ave, Pencoed, Mid Glam CF35 6UP
- 22-24 June BVAF T & F Championships, Thames Valley Athletic Centre, Windsor.
- 8-9 Sept BVAF Multi Events, Woodburn Rd, Sheffield

NORTH

- 14 January NVAC monthly run, 10K Cross Country, Leverhulme Park, Long Lane Bolton, Noon start
- 4 February NVAC monthly run, 10K Road race from Sports Centre, Broomfields Road, Stockton Heath, Noon

NORTH EAST (VAA-NE)

- 14 January VAA-NE Cross Country League (3), Blaydon
- 21 January VAA-NE Cross Country Relays, Durham, part of Durham City Relays + Open Championships
- 3 February VAA-NE Cross Country League (4), South Shields
- 10 February VAA-NE Cross Country Championships, Hartlepool
- 17 February VAA-NE Road Relay Championships, inc Vets NE Open Championships
- 3 March VAA-NE Gosforth Harriers Road Relays, Gosforth Park
- 4 March VAA-NE Silksworth Throws Meeting, Silksworth Track
- 24 March VAA-NE Cross Country League (5), Prudhoe
- 31 March VAA-NE Cross Country League (6), Durham
- 1 April VAA-NE Elswick Road Relays, Newcastle

MIDLAND

- 21 January MVAC Cross Country Championships, Northampton

SOUTH

- 21 January Mitcham 25km inc. SCVAC Championships and Grand Prix (see Ad in VA 54)
- 4 February SCVAC Indoor Championships, Thames Valley Indoor Centre, Pockocks Lane, Eton, Berkshire. £3 per event (members)/£4 guests to Entry Secretary, 84 Goddard Ave, Swindon, Wilts SN1 4HS c/d 24.01.01, SAE for confirmation/travel
- 3 March SCVAC CC Championships and Grand Prix at Lloyd Park, Croydon, 2.30pm. Entries £2.50 (members) £3.50 guests (no medals) to Entry Secretary, 84 Goddard Ave, Swindon, Wilts SN1 4HS c/d 24.01.01, SAE for confirmation/travel
- 10 June SCVAC T&F Championships, Battersea.

WALES

- 17 February Gwent League, Bridgend
- 3 March Gwent League, Blaise Castle, Bristol

SCOTLAND

- 24 February 2001 Scottish Indoors, Glasgow, (Guests allowed)

RESULTS

6-16 EUROPEAN VETERANS TRACK & FIELD CHAMPIONSHIPS Jyväskylä, Turku (Report issue No 54)

100m

M40 (+1.2) 1 P Delbaugh GBR 1.93 (=ER); 2 E Oostweegel (NED) 11.03; 3 T Riehm GER 11.27; 4 K Burgess GBR 11.33; 8 J Barclay GBR 11.57.

M45 (+0.3) 1 S Peters GBR 11.26; 2 W Franklyn GBR 11.50; 3 R Koskela FIN 12.01
M50 (-0.2) 1 V Vybostok SLO 11.94; 2 M Koch GER 11.98; 3 W de Ronde NED 12.03; 4 R Fraser GBR 12.20

M55 (-0.6) 1 G Schmitt GER 12.33; 2 J Manninen FIN 12.55; 3 T Lenk GER 12.63; ÖT M Garvey GBR 13.08

M60 (-0.8) 1 D Bartzch GER 12.34; 2 T Tamaro ITA 12.55; 3 O Ermio FIN 12.70
M65 (-1.0) 1 A Rocca ESP 12.94; 2 K-H Neumann GER 13.11; 3 R Bockl GER 13.26; ÖT A Mellett GBR 13.74

M70 (+0.2) 1 W Reuter GER 13.35; 2 A Meddings GBR 13.66; 3 T Valimaki FIN 13.73
M75 (-0.8) 1 K Schumacher GER 14.51; 2 B Sobrero ITA 15.27; 3 G Herbst GER 15.27

M80 (-0.4) 1 U Sansonetti ITA 15.79; 2 G Marabotti ITA 16.27; 3 F Muhle GER 16.66
M85 (+0.3) 1 V Colo ITA 17.14; 2 F Mahlo GER 18.08; 3 W Muller GER 18.18

M90 (+0.9) 1 P Amond Lawlor IRL 12.57; 2 J Stopka GER 12.80; 3 G Steinmetz HUN 12.97; 5 L Hopkins GBR 13.38; 6 D Timmis GBR 13.43

W40 (+0.5) 1 A Moritz GER 12.36 (CBP); 2 S Heitmann GER 13.00; 3 S Oost NED 13.25; ÖT J Pryce GBR 13.90

W45 (-1.8) 1 D Fuhrmann GER 13.10; 2 A Akkerman NED 13.78; 3 K Siler GER 13.79; 4 E Roe GBR 13.89

W50 (-0.3) 1 M Lewington GBR 13.53; 2 V Taudien GER 13.59; 3 C Pfeiffer SUI 13.76; V Parsons GBR 13.80

W55 (+0.2) 1 E Linaker GBR 14.21; 2 D Galleg GBR 14.42; 3 E Graff BEL 14.53

W60 (+0.4) 1 B Hoffmann GER 14.11 (CBP); 2 C Schmalbruch GER 14.68; 3 G Reichert GER 14.50; ÖT D Fraser GBR 15.64

W65 (-0.2) 1 H Burkle GER 15.54; 2 L Vilpas FIN 15.81; 3 A Nyland GER 17.25; 2 I Timm GER 17.01

W70 (-1.3) 1 R Witt GER 17.25; 2 I Timm GER 18.09; 3 C Happ GER 18.82; ÖS B Green GBR 21.01

W75 (-1.3) 1 I Lorenz GER 18.21
W80 (-1.5) 1 E Haule GER 21.28; 2 L Lehtonen FIN 26.05; 3 A Kaukinen FIN 26.19

W85 (-1.5) 1 N Wedemo SWE 22.08

200m

M40 (-2.1) 1 P Delbaugh GBR 22.47; B Dupoy FRA 22.60; 3 J-M Mastin FRA 23.07; 4 K Burgess GBR 23.20; ÖS B Morris GBR 23.7

M45 (-0.9) 1 S Peters GBR 22.43; 2 V Oliver GBR 22.83; 3 J caines GBR 23.17; 4 W Franklyn GBR 23.58

M50 (+0.7) 1 M Koch GER 24.09; 2 V Felicetti ITA 24.19; 3 V Vybostok SLO 24.23; 4 R Fraser GBR 24.62

M55 (-2.6) 1 G Schmitt GER 24.96; 2 J Henson GBR 25.01; 3 W Thomas GBR 25.30
M60 (-0.7) 1 D Bartzch GER 25.75; 2 J Radke GER 25.48; 3 G Muller GER 25.54

M65 (-1.3) 1 A Rocca ESP 26.66; 2 K-H Neumann GER 26.80; 3 R Bockl GER 27.49; ÖT A Meddings GBR 28.19

M70 (-1.6) 1 W Reuter GER 27.51 (CBP); 2 T Valimaki FIN 28.46; 3 A Meddings GBR 28.78
M75 (-1.2) 1 K Schumacher GER 30.28; 2 G Herbst GER 31.15; 3 A Heininen FIN 31.74

M80 (-1.1) 1 U Sansonetti ITA 33.14; 2 F Muhle GER 35.13; 3 A Kautto FIN 36.09
M85 (-0.8) 1 V Colo ITA 37.46; 2 W Muller GER 37.75; 3 F Mahlo GER 38.55

W35 (-2.1) 1 P Amond Lawlor IRL 25.62; 2 R Marchi ITA 26.35; 3 J Stopka GER 26.52; 4 C Axford GBR 26.75; ÖT L Hopkins GBR 27.68

W40 (-1.1) 1 A Moritz GER 25.04 (CBP); 2 C Muller SUI 26.75; 3 A Beadnall GBR 27.08

W45 (-0.7) 1 D Fuhrmann GER 26.31; 2 B Fuhrmann FRA 27.14; 3 K Siler GER 27.89
W50 (-1.5) 1 M Lewington GBR 28.05; 2 V Taudien GER 28.27; 3 C Pfeiffer SUI 28.42; ÖT J Browne GBR 31.34

W55 (-1.1) 1 C Stedtler GER 25.83; 2 E Linaker GBR 29.94; 3 D Galleg GBR 30.00

W60 (-1.9) 1 B Hoffmann GER 28.87 (CBP); 2 G Reichert GER 29.53; 3 E Hoffmann GER 30.35

W65 (-1.6) 1 H Burkle GER 33.07; 2 A Hyland NOR 33.44; 3 L Vilpas FIN 33.51; ÖS B Steedman GBR 37.25

W70 (-2.3) 1 C Happ GER 40.35; 2 B Green GBR 45.55

W75 (-2.3) 1 I Lorenz GER 39.46

W80 (-2.3) 1 E Haule GER 48.96

W85 (-2.3) 1 N Wedemo SWE 50.53

400m

M40 1 P Knowles GBR 50.68; 2 S Zulauf SUI 50.79; 3 A Harrison GBR 50.85; 6 F Scott GBR 51.55

M50 1 V Felicetti ITA 53.35; 2 R Minting GBR 54.09; 3 R Fraser GBR 54.32; ÖS B Hendrie GBR 58.26

M55 1 J Henson GBR 55.24; 2 W Thomas GBR 55.64; 3 P Scholtz GER 56.88
M60 1 G Muller GER 55.66; 2 W Klaus GER 58.69; 3 S Gasper GER 58.76

M65 1 K-H Neuman GER 61.83; 2 H Hufganel GER 63.33; 3 F Cornelis BEL 63.48
M70 1 W Seltzer GER 63.08; 2 W Rueter GER 65.12; 3 A Bund GER 68.40

M75 1 K Schumacher GER 71.00; 2 G Herbst GER 72.20; 3 Y Torika FIN 72.75
M80 1 U Sansonetti ITA 81.24; 2 A Kautto FIN 83.34; 3 H Liedtke SWE 88.15

M85 1 W Muller GER 93.86; 2 F Mahlo GER 95.96; 3 V Colo ITA 101.72
W35 1 R Marchi ITA 57.90; 2 C Axford GBR 58.81; 3 L Gabriel GBR 58.48; 5 L Hopkins GBR 61.06

W40 1 C Muller SUI 59.48; 2 J Brown GBR 55.91; 3 A Koop GER 60.08; 4 A Beadnall GBR 60.25

W45 1 D Fuhrmann GER 60.25; 2 E Roe GBR 61.75; 3 B Beaumont FRA 61.77
W50 1 M Lewington GBR 65.04; 2 U Littenhelm SWE 66.33; 3 N Afanassieva RUS 66.39; 4 L Robson GBR 69.73

W55 1 C Stedtler GER 68.67; 2 LK Halme FIN 71.65; 3 D Gallop GER 73.29
W60 1 D Fraser GBR 71.64; 2 E Sauer GER 72.94; 3 I Schott GER 75.53

W65 1 L Karkkainen FIN 82.29; 2 N Gastaldi ITA 84.62; 3 E Arnold GER 85.45; 4 B Steedman GBR 88.77

W70 1 B De Preter BEL 93.61; 2 H Glet 98.12; 3 B Green GBR 110.89

800m

M40 1 C Rothery IRL 1:52.51 (CBP); 2 A McDonald GBR 1:56.51; 3 G Ferrari ITA 1:56.93; 4 D Barlow GBR 1:58.93

M45 1 A Dunlop GBR 2:00.05; 2 N Alberts NED 2:01.67; 3 G Mendez ESP 2:02.69; 6 K Archer GBR 2:03.57

M50 1 R Minting GBR 2:07.94; 2 K Herbach GER 2:08.21; 3 H Vakkuri FIN 2:08.87

M55 1 R Phipps GBR 2:11.23; 2 W Seyer-Maidhof GER 2:11.26; 3 G Flachowski GER 2:13.35

M60 1 W Klaus GER 2:20.72; 2 J Ross GBR 2:22.42; 3 K Lausberg GER 2:22.46

M65 1 J Kocisewski POL 2:26.91; 2 M Fox GBR 2:28.55; 3 E Faldanius FIN 2:31.27; ÖS J Seymour GBR 2:42.56

M70 1 U Mattsson FIN 2:44.22; 2 L Bonvecchio ITA 2:44.46; 3 G Linde LAT 2:44.81

M75 1 Y Torikka FIN 2:58.09; 2 C-J Lill FIN 3:03.38; 3 W Sauerwein GER 3:06.66; ÖS N Copping GBR 3:39.25

M80 1 H Josefsson SWE 3:09.78 (CBP); 2 A Virolainen FIN 3:39.94; 3 E Eble GER 4:03.39
M85 1 G Theune GER 4:33.35

W35 1 R Kallio-Kokko FIN 2:16.68; 2 L Gabriel GBR 2:17.16; 3 G Manners SWE 2:21.45; 4 C-A Gray GBR 2:23.40

W40 1 A Koop GER 2:13.37; 2 A Perez ESP 2:18.36; 3 J Brown GBR 2:25.46

W45 1 D Kiomp NED 2:31.84; 2 A Jerman SLO 2:34.84; 3 A Micheletti ITA 2:45.16

W50 1 A Hitchmough GBR 2:24.15; 2 I Jensen DEN 2:26.32; 3 C Wright BEL 2:28.80

W55 1 L Halme FIN 2:45.64; 2 U Kruger GER 2:49.47; 3 A Kolesnikova RUS 2:50.91

W60 1 G Van Kooten NED 2:46.31; 2 W Klockers GER 2:56.77; 3 B Eklund SWE 2:58.33

W65 1 L Karkkainen FIN 3:19.24; 2 A Nyland NOR 3:20.50; 3 N Gastaldi ITA 3:21.64

W70 1 B De Preter BEL 3:29.58; 2 H Glet FRA 3:34.70

W75 1 N Naoumenko RUS 3:31.37 (CBP)

1500m

M40 1 C Rothery IRL 4:00.02; 2 G Ferrari ITA 4:02.90; 3 A McDonald GBR 4:03.67; 9 D Crossland GBR 4:14.51; 10 R Holland GBR 4:15.73; 14 D Barlow GBR 4:34.12

M45 1 A Dunlop GBR 4:16.18; 2 G Mendez ESP 4:17.91; 3 N Kelly IRL 4:18.46; 4 K Archer GBR 4:21.27

M50 1 H Vakkuri FIN 4:23.58; 2 K Herbach GER 4:23.95; 3 A Gavrilov RUS 4:24.24; 11 A Bradshaw GBR 4:39.27;

M55 1 R Phipps GBR 4:33.29; 2 M Dixon GBR 4:34.45; 3 W Beyer-Maidhof GER 4:34.52

M60 1 A Heijdens NED 4:39.99; 2 A Prysazhnyuk UKR 4:45.19; 3 I Savenkov RUS 4:48.92

M65 1 F Vicente POR 5:04.02; 2 J Buhar CZE 5:17.48; 3 A Valdemarsson NOR 5:18.60; ÖS H Morrison GBR 5:32.54

M70 1 U Mattson FIN 5:30.96; 2 R Borisov RUS 5:37.50; 3 L Bonvecchio ITA 5:39.91; ÖS K Crooke GBR 6:44.72

M75 1 Y Torikka FIN 5:56.11; 2 W Sauerwein GER 6:19.47; 3 T Hokkanen FIN 6:24.61; ÖS J Caddy GBR 6:49.27

M80 1 H Josefsson SWE 6:34.76; 2 A Virolainen FIN 7:24.40; 3 T Stale SWE 7:30.32
M85 1 G Theune GER 9:57.82

W35 1 R Kallio-Kokko FIN 4:43.52; 2 W Klostermann GER 4:47.58; 3 F Rijsbergen NED 4:48.12; 6 J Pidgeon GBR 4:55.91; 8 A Fletcher GBR 4:57.92; 12 C-A Gray GBR 5:22.77

W40 1 A Koop GER 4:38.78; 2 A Perez ESP 4:46.52; 3 I Gulli NOR 5:04.04; 5 S Tawney GBR 5:15.11

W45 1 L Zentner GER 5:04.31; 2 I Goleva RUS 5:15.41; 3 I Korte GER 5:15.69; 6 A Lippitt GBR 5:54.86

W50 1 A Hitchmough GBR 4:55.71; 2 I Jensen DEN 4:57.53; 3 T Landenpera FIN 5:19.73; ÖS B Bradshaw GBR 6:45.53

W55 1 M Stenbakk NOR 5:39.24; 2 U Kruger GER 5:46.75; 3 H Bensch GER 5:47.75

W60 1 G Van Kooten NED 5:36.30; 2 J Flores POR 5:46.89; 3 B Eklund SWE 5:51.15; ÖS B Stracey GBR 6:27.06

W65 1 V Vitola LAT 6:25.76; 2 G Berezikova UKR 6:57.45; 3 K Kyllonen FIN 7:00.77

W70 1 B De Preter BEL 7:10.47; 2 H Glet FRA 7:12.30; 3 A-M Pulina LAT 8:01.33

W75 1 N Naumenko RYS 6:42.13 (CBP); 2 M Dahinden SUI 8:22.87

W80 1 F Liedtke GER 11:08.01

5000m

M40 1 E Zaralovski RUS 15:14.79; 2 C Earwaker SUI 15:42.54; 3 E Kurvinen FIN 15:47.09

M45 1 M Kreml SLO 16:03.23; 2 H Karkkainen FIN 16:07.28; 3 K Goldammer GER 16:09.22; ÖS R Sargent GBR 18:50.20; 16 M Lippitt GBR 21:09.85

M50 1 C Dickinson GBR 16:11.39; 2 O Van Noten BEL 16:16.43; 3 M Kotnik SLO 16:18.06; 7 P Williams GBR 16:41.33; 12 A Edwards GBR 18:00.78; 13 A Bradshaw GBR 18:02.20; 15 A Rich GBR 18:42.00

M55 1 M Carvalho POR 17:08.57; 2 E De La Camara ESP 17:12.55; 3 M Chakirov RUS 17:28.40

M60 1 A Heijdens NED 16:55.16; 2 V Hassinen FIN 17:24.16; 3 V Kioun RUS 17:26.84; 11 E Simpson GBR 19:48.45

M65 1 F Vicente POR 18:37.06; 2 F Duss SUI 19:13.92; 3 J Buchar CZE 19:18.83; 7 H Morrison GBR 20:33.34

M70 1 R Borisov RUS 20:54.76; 2 K Linder SWE 21:02.16; 3 N Borzykh RUS 21:06.14; 13 K Crooke GBR 25:47.35; 15 R Franklin GBR 29:32.92

M75 1 H Buchwald GER 24:15.37; 2 A Bjerknes NOR 24:22.79; 3 W Sauerwein GER 24:30.90; 4 J Caddy GBR 24:48.99; 5 N Copping GBR 25:33.06

M80 1 A Virolainen FIN 26:43.32; 2 T Stale SWE 26:46.32; 3 A Osselaer BEL 28:53.86

W35 1 I Luse LAT 17:45.54; 2 P Luostarinen FIN 17:57.81; 3 K Lettojarvi FIN 17:58.75; ÖS A Fletcher GBR 18:21.47; ÖT E Hudson GBR 19:40.05

W40 1 I Gulli NOR 18:41.18; 2 S Poznic SLO 19:22.23; 3 M Ponicko GER 19:50.91

W45 1 L Zentner GER 19:01.20; 2 S Levesque FRA 19:13.37; 3 G Huber GER 19:15.88; 11 A Lippitt GBR 22:33.24

W50 1 K Jensen DEN 18:50.48; 2 D Undeutsch AUT 18:52.29; 3 R Schaffler GER 19:54.31

W55 1 P Rich GBR 20:33.29; 2 H Bensch GER 21:04.48; 3 U Kruger GER 21:20.75

W60 1 J Flores POR 20:59.87; 2 G van Kooten NED 21:18.48; 3 B Miniotti ITA 21:50.01; ÖS P Jones GBR 22:53.44; ÖS B Stracey GBR 23:31.69

W65 1 M Borovkova RUS 24:29.15; 2 D Glaser GER 24:38.25; 3 D Berezikova UKR 24:51.97

W70 1 M Glet FRA 25:56.28; 2 B De Preter BEL 26:56.83

W75 1 N Naoumenko RUS 25:14.44 (WR); 2 M Dahinden SUI 30:55.86

10,000m

M40 1 F Guerra ESP 30:33.34; 2 E Zaralovski RUS 31:12.31; 3 A O'Halloran IRL 31:59.01; 15 S Smythe GBR 35:26.04

M45 1 M Kreml SLO 33:02.93; 2 K Goldammer GBR 33:05.60; 3 A Pires POR

33:12.83; 8 R Sargent GBR 41:08.78

M50 1 A Gavrilov RUS 34:09.40; 2 P Williams GBR 34:09.79; 3 C Dickinson GBR 34:24.81; 11 A Bradshaw GBR 38:21.66; 13 A Rich GBR 38:47.85

M55 1 M Carvalho POR 33:30.15; 2 E De La Camara ESP 33:34.96; 3 M Chakirov RUS) 34:47.79

M60 1 V Kioun RUS 36:31.49; 2 V Hassinen FIN 36:31.68; 3 A Prysazhnyuk UKR 36:41.10; 10 E Simpson GBR 41:18.19

M65 1 F Vicente POR 37:59.94; 2 R Raty FIN 39:29.96; 3 F Duss SUI 39:32.93

M70 1 K Linder SWE 41:58.00; 2 I Hadem NOR 42:53.10; 3 S Agnoli ITA 43:11.28

M75 1 H Buchwald GER 48:17.60; 2 A Hakala FIN 50:31.36; 3 W Sauerwein GER 50:57.96; 6 J Caddy GBR 52:05.86; 8 N Copping GBR 56:58.46; 9 J Fitzgerald GBR 63:01.98

M80 1 E Holbacks FIN 56:09.81; 2 A Virolainen FIN 56:23.24; 3 T Stale SWE 56:29.04

W35 1 A Jaaskelainen FIN 36:27.28; 2 S Berkmler GER 36:48.44; 3 I Luse LAT 36:49.77; 4 A Fletcher GBR 36:58.19;

W40 1 E Nurkalla FIN 37:04.49; 2 P Arminen FIN 41:24.50

W45 1 A Trave NOR 38:40.91; 2 S Levesque FRA 38:41.18; 3 L Zentner GER 39:20.77; ÖT A Lippitt GBR 46:43.08

W50 1 M Tartari ITA 41:54.37; 2 E Novotna CZE 42:00.27; 3 R Schaffler GER 42:27.58

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2 R Huwiler SUI 17.01; 3 E Mannke GER 17.37

M65 (-1.8) 1 C Shaffo GBR 17.45; 2 H Kandeydi TUR 18.71; 3 R Tikkanen FIN 19.80; 4 J Day GBR 20.02
W35 (-1.5) 1 Z Peto AUT 15.91; 2 S Ailus FIN 17.99; 3 B Otto GER 18.90

110m Hurdles

M40 (-2.3) 1 M Coker GBR 15.55; 2 A Semkine RYS 16.10; 3 W Dalbaere BEL 16.44; 06 C Pengelly GBR 17.97
M45 (-1.7) 1 E Meier SUI 16.54; 2 A Pina ESP 16.66; 3 A Meier SUI 17.75

300m Hurdles

M60 1 G Muller GER 43.95 (CBP); 2 R Huwiler SUI 47.01; 3 H Presemuth GER 47.40
M65 1 F Cornelis BEL 48.66; 2 P Vehkjarvi FIN 48.96; 3 C Shaffo GBR 49.21; 06 P Field GBR 58.54
M70 1 H Krenzer GER 54.48; 2 E Holo NOR 55.17; 3 J Przyborski POL 56.12
M75 1 P Penttila FIN 59.65 (CBP); 2 F Buys NED 59.72
W50 1 W Kraehe GER 51.41; 2 K Forster GER 57.55; 3 E Lenz GER 60.38
W55 1 C Stedtler GER 54.87; 2 E Staehle GER 56.48; 3 T Rissanen FIN 61.42
W60 1 E Sauer GER 56.63
W65 1 G Mjelde NOR 69.55; 2 A Larsson SWE 71.85

400m Hurdles

M40 1 H Moscrop GBR 54.80; 2 M Munoz ESP 55.62; 3 M Coker GBR 57.59; 05 D Moles GBR 60.02
M45 1 R Stevenson GBR 59.46; 2 T Vauhkonen FIN 61.69; 3 J-P Fournier FRA 62.53
M50 1 T Wells GBR 61.16; 2 S Putkinen FIN 63.42; 3 S Hallgrimsson ISL 63.86
M55 1 F Poncin FRA 64.25; 2 K-E Bahr GER 65.52; 3 F Bush GBR 66.16
W35 1 Z Peto AUT 63.85; 2 S Stages GBR 66.96; 3 K Lepik EST 67.59
W40 1 C Muller SUI 63.23; 2 I Tchernykh RUS 69.34; 3 C Filer GBR 69.74
W45 1 M Sanguos ESP 67.16 (CBP); 2 B Beaumont FRA 69.81; 3 M Lazzarini-Gerva FRA 71.49; 6 J Stafford GBR 86.80

High Jump

M40 1 M Wlodarczyk POL 1.90; 2 V Volochine RUS 1.85; 3 A Ourdaev RUS 1.80; 9 D Turner GBR 1.65; 10 G Vorgic GBR 1.65
M45 1 E Kunigkei GER 1.85; 2 V Grouzenkine RUS 1.80; 3 N Savkin BLR 1.75; 0=11 D Talbot GBR 1.55
M50 1 H-T Nieder GER 1.75; 2 I Olkkonen FIN 1.70; 3 H Hubi AUT 1.60
M55 1 A Pesonen FIN 1.75; 2 F Vivod SLO 1.75; 3 M Jel'nov UKR 1.75
M60 1 H Albrecht GER 1.60; 2 D Fernandez FRA 1.60; 3 A Bateman GBR 1.55
M65 1 L Vandebosch BEL 1.54; 2 P Eriksson FIN 1.51; 3 R Kataja FIN 1.42...17 J Day GBR 1.27; 19 C Taylor GBR 1.20
M70 1 N-B Nevruup SWE 1.42; 2 G Dobrban HUN 1.36; K Wichmann FIN 1.30
M75 1 G Windolf GER 1.27; 2 H Lund NOR 1.24; 3 K Gorshkov EST 1.21
M80 1 E Zensch AUT 1.28 (CBP); 2 F Alka GER 1.12; 3 E Kallio FIN 1.03
M85 1 E Tamm EST 1.10; 2 P Sumari FIN 0.95
W35 1 M Seerden NED 1.55; 2 A Straschewski GER 1.55; 3 M Hanel GER 1.50; 06 S Stages GBR 1.45
W40 1 J Brown GBR 1.70 (=CBP)(UK rec); 2 P Gregor GER 1.65; 3 L Lapajine SLO 1.65; 4 H Barker GBR 1.50; 5 C Filer GBR 1.45
W45 1 C Karg GER 1.68 (ER); 2 I Dech GER 1.45; 3 M Pahapill EST 1.45; 6 P Garvey GBR 1.35
W50 1 A Plischke AUT 1.48 (CBP); 2 G Reismark GER 1.30; 3 I Faldager DEN 1.30
W55 1 R Vogel (ER) 1.46; 2 U Stelling GER 1.35; 3 E Springmann GER 1.35
W60 1 C Smalbruch GER 1.32 (WR); 2 R Dijkman NED 1.32; 3 S Scrophfer GER 1.25
W65 1 L Kaas EST 1.23 (CBP); 2 I Junge GER 1.20; 3 E Enarsson SUI 1.17
W70 1 C Happ GER 1.15 (ER); 2 K Gomberadz RUS 1.12; 3 C Wippersteg GER 1.06
W75 1 N Kutti EST 0.91

Pole Vault

M40 1 P Pazak SLO 4.40; 2 G Konstantinos GRE 4.30; 3 P Habel CZE 4.20
M45 1 W Ritte GER 4.55; 2 J Lesak CZE 4.30; 3 R Nuckles GER 4.20
M50 1 H Hubi AUT 3.80; 2 H Makipas FIN 3.70; 3 A Linder SUI 3.70; 9 B Hendrie GBR 3.20
M55 1 H Wyss SUI 3.70; 2 J Petricek CZ 3.60; 3 N Lechtchenko RUS 3.50
M60 1 H Lagerqvist SWE 3.70 (CBP); 2 H Albrecht GER 3.40; 3 G Rossi ITA 3.30

M65 1 I Sopanen FIN 3.20; 2 H Kandeydi TUR 3.00; 3 P Tosnar CZE 2.90; 4 J Day GBR 2.80
M70 1 M Kutman Est 2.80 (CBP); 2 F Marques POR 2.50; 3 P Saavalainen FIN 2.30
M75 1 A Comprì ITA 2.20; 2 L Taiminen FIN 2.20; 3 J Isto FIN 2.10
W35 1 G Auth HUN 2.90; 2 B Ott GER 2.70; 3 S Ailus FIN 2.60
W40 1 P Herrmann GER 2.90 (CBP); 2 U Makowicz GER 2.80; 3 H Kenttamaa FIN 2.60; 05 D Singleton GBR 2.30
W45 1 U Ritte GER 2.50 (CBP); 2 J Stafford GBR 2.40; 3 M Anness GBR 2.10
W50 1 H Stubendorf GER 2.65 (CBP); 2 K Forster GER 2.30; 3 D Widmann GER 2.10
W55 1 P Pitkanen FIN 2.40 (ER); 2 D Nix GER 2.30; 3 I Fait FIN 2.20; 4 M Coombs GBR 1.50
W60 1 D McLennan IRL 1.80 (CBP); 2 S Champion IRL 1.70

Long Jump

M40 1 R Wenk GER 6.69; 2 S Chmielewski POL 6.67; 3 W Wlodarczyk POL 6.63
M45 1 J Nikula FIN 6.39; 2 J Heras ESP 6.27; 3 J Calda CZE 6.27
M50 Results missing!
M55 1 T Taavitsainen SUI 6.01; 2 C-W Kreft GER 5.80; 2 J Rubes CZE 5.60; 12 M Garvey GBR 4.93
M60 1 S Backlund FIN 5.70 (CBP); 2 H Albrecht GER 5.41; 3 L Fischer GER 5.37; 10 A Bateman GBR 5.06; 20 P Johnson GBR 4.02
M65 1 L Vandebosch BEL 5.00; 2 T Junttila FIN 4.96; 3 A Joaniquet ESP 4.94; 11 G Feast GBR 3.99; 15 J Christie GBR 2.91
M70 1 W Reuter GER 4.75; 2 M Jarvinen FIN 4.48; 3 G Dobriban HUN 4.28
M75 1 A Sainio FIN 4.21; 2 A Heininen FIN 4.04; 3 G Windolf GER 3.84
M80 1 A Lehtimäki FIN 3.55; 2 G Marabotti ITA 3.15; 3 A Kautto FIN 3.41
M85 1 V Colo ITA 3.18; 2 B Bartjosef ISR 2.10
W35 1 Z Mokrasova SVK 5.39; 2 G Auth HUN 5.26; 3 Z Liptakova SVK 5.02; 5 D Timmis GBR 4.91
W40 1 P Herrmann GER 5.37; 2 L Vives ESP 5.22; 3 J Brown GBR 5.20; 4 J Pryce GBR 5.19; 5 C Filer GBR 5.08
W45 1 I Dech GER 5.42w; 2 T Potapova RUS 5.03; 3 A Akkerman NED 4.95; 10 A-G Howarth 3.92; 11 O Codrington GBR 1.2
W50 1 V Taudien GER 4.56; 2 G Rivenes NOR 4.47; 3 G Reismann GER 4.39
W55 1 H Lamp EST 4.77; 2 E Graff BEL 4.69; 3 A-K Eriksen GER 4.48
W60 1 C Schmalbruch GER 4.67 (=CBP); 2 E Hoffmann GER 6.74; 3 E Sauer GER 4.22; 05 D Fraser GBR 3.41
W65 1 H Burkle GER 3.99; 2 R Kreiskott GER 3.71; 3 E Baumann GER 3.68
W70 1 I Timm GER 3.41; 2C Happ GER 3.12; 3 C Wippersteg GER 2.77
W75 1 I Lorenz GER 2.87; 2 N Nauoumenko RUS 2.67; 3 M Wixey GBR 2.36
W80 1 L Lehtonen FIN 1.95

Triple Jump

M40 1 G Martinez ESP 13.43; 2 I Malko RUS 13.10; 3 D Dixon GBR 13.08
M45 1 J Kaduszkiewicz POL 13.93; 2 J Vilasinas ESP 13.83; 3 M Wenzke GER 13.79
M50 1 R Pynnonen FIN 11.93; 2 V Chernyatevych UKR 11.90; 3 G Mankowski POL 11.85
M55 1 T Taavitsainen SUI 12.80; 2 C Kreft GER 12.56; 3 J Lamp EST 12.22
M60 1 V Roitman RUS 11.35; 2 P Pinto POR 11.21; 3 V Mokry SLO 10.97
M65 1 V Popov RUS 10.79; 2 T Junttila FIN 10.47; 3 A Joaniquet ESP 10.40; 12 J Phillips GBR 9.11
M70 1 J Rypdal NOR 9.68; 2 M Jarvinen FIN 9.53; 3 J Przyborski POL 9.49
M75 1 A Sainio FIN 9.14; 2 A Heininen FIN 8.67; 3 J Lehmuskoski FIN 8.22
M80 1 A Lehtimäki FIN 7.92; 2 E Zensch AUT 7.63; 3 R Revault FRA 7.15
W35 1 A Georgiou GRE 11.84w; 2 Z Liptakove SLO 10.95w; 3 M Hanel GER 10.79w
W40 1 P Herrmann GER 12.29w (ER); 2 J Brown GBR 11.43w; 3 M Escibano ESP 11.16w
W45 1 A Benzing GER 10.48; 2 S Schwarz GER 9.80; 3 A Akerman NED 9.72w
W50 1 G Reismann GER 9.16; 2 T Tuunanen FIN 9.13; 3 A Aaltonen FIN 8.99
W55 1 E Graff BEL 9.56; 2 E Springmann GER 9.50w; 3 J Wladika AUT 8.85w
W60 1 C Schmalbruch GER 9.49; 2 R Dijkman NED 8.89; 3 E Heimann GER 7.73
W65 1 E Enarsson SWE 7.41; 2 L Kass EST 7.38; 3 G Mjelde NOR 7.28
W70 1 K Gomberradez RUS 6.72
W75 1 N Naumenko RUS 5.53; 2 M Wixey GBR 4.82

Shot

M40 1 H Radzikowski POL 15.22; 2 K-J Hoff NOR 14.79; 3 B Michalowski POL 14.55
M45 1 V Maganas GRE 15.26; 2 S Lobynia RUS 14.57; 3 J Grunenwald FRA 14.26; 9 S Archer GBR 12.68
M50 1 V Koca CZE 15.70; 2 N Griffin GBR 15.40; 3 W Kalinowski POL 14.81; 17 B Lockley GBR 11.15
M55 1 A Hermanns GER 14.16; 2 H Harre AUT 13.65; 3 O Uleberg NOR 13.38
M60 1 F Ratzer AUT 15.74 (WR); 2 E Hilden FIN 15.01; 3 K-H Marg GER 14.84
M65 1 P Speckens GER 16.07 (CBP); 2 P Niskanen FIN 12.30; 3 A Aittaniemi SWE 12.27; 10 C Taylor GBR 10.21; 14 J Dunsford GBR 7.31
M70 1 H Will GER 14.03 (CBP); 2 L Saarinen FIN 13.93; 3 T Kivi FIN 13.82; 11 J Hanus GBR 9.63
M75 1 E Erikson FIN 13.10 (CBP); 2 U Leimukoski FIN 11.61; 3 A Randma EST 11.40
M80 1 O Pursianen FIN 11.11 (CBP); 2 A Levola FIN 9.52; 3 H Bitter GER 9.36
M85 1 A Polgar GER 6.95
W35 1 A Ovaska FIN 14.70 (CBP); 2 J Muller-Schmidt GER 14.24; 3 M Sterlekar SLO 13.61
W40 1 T Schenkels NED 12.28; 2 E Messon GER 11.54; 3 C Cameron GBR 10.90; 7 J Brown GBR 9.86
W45 1 R Puikkonen FIN 11.25; 2 N Zoubekkhina RUS 10.83; 3 M Tummavuori FIN 9.27
W50 1 E Anderes SUI 13.67; 2 A Kotkas EST 11.40; 3 K Niemi FIN 11.02
W55 1 K Ilgen GER 11.95; 2 R Vogel GER 11.90; 3 M Maaijer AUT 11.63
W60 1 A Ruhlow GER 11.75; 2 S Kauppinen FIN 11.05; 3 I Lehtonen FIN 10.43; 12 D Fraser GBR 6.55; 14 B Dunsford GBR 5.78
W65 1 S Kofink GER 11.67 (ER) 21.43; 2 A Brommel GER 9.86; 3 J Schafer GER 9.80
W70 1 R Hanssens BEL 8.60 (CBP); 2 M Neubert GER 7.96; 3 C Wippersteg GER 7.54
W75 1 K Jortikka FIN 7.50; 2 I Pleuger GER 7.43; 3 H Riedle GER 7.20
W80 1 L Dezentzer GER 5.87; 2 G Khintchuk RUS 5.43; 3 A Kaukinen FIN 4.87

Discus

M40 1 C Ronigkeit GER 48.14; 2 J Hietala FIN 46.74; 3 K Moreland GBR 46.62
M45 1 G Valent CZE 52.17; 2 P Gordon GBR 51.02; 3 V Holopainen FIN 45.42; 10 S Archer GBR 33.27
M50 1 S Angoulap GRE 50.89; 2 N Griffin GBR 48.91; 3 V Koca CZE 47.23; 13 B Lockley GBR 34.91
M55 1 H Harre AUT 45.52; 2 Z Karasek CZE 43.07; 3 T Oinonen FIN 42.42
M60 1 K Albers GER 57.84 (CBP); 2 J Leskinen FIN 55.66; 3 A Kajanne FIN 48.31
M65 1 P Speckens GER 52.63; 2 V Ryyti FIN 50.20; 3 L Jansen GER 42.27
M70 1 H Brandt GER 43.04; 2 T Kivi FIN 40.52; 3 A Ilvonen FIN 40.26; 09 J Nanus GBR 33.25
M75 1 U Leimukoski FIN 38.06; 2 H Fossnes NOR 36.72; 3 L Tamm EST 34.07
M80 1 O Pursianen FIN 30.40; 2 T Tulonen FIN 29.59; 3 P Frech GER 27.85
M85 1 E Tamm EST 20.74; 2 A Polgar 16.80; 3 G Theune GER 34.22
W35 1 J Kivisto FIN 41.41; 2 L Vahter EST 41.39; 3 I van Dijk NED 39.66
W40 1 C Cameron GBR 40.50; 2 T Schenkele NED 38.53; 3 J Neumann GER 35.85; 06 D Singleton GBR 29.28
W45 1 V Karsak UKR 41.81; 2 R Puikkonen FIN 39.72; 3 A Jensen DEN 35.98
W50 1 A van Anholt NED 39.53; 2 E Andres SUI 37.78; 3 B Moller GER 34.83
W55 1 K Ilgen GER 38.56; 2 H Boker GER 34.92; 3 M Jakobson LAT 33.97
W60 1 T Danilova RUS 36.89; 2 A Ruhlow GER 33.77; 3 S Kauppinen FIN 32.77...7 C Derrien GBR 23.38
W65 1 S Kofink GER 31.87 (CBP); 2 A Satsi EST 29.04; 3 A Brommel 28.85
W70 1 R Uckel GER 21.61; 2 R Hanssens BEL 20.77; 3 M Barth GER 20.44
W75 1 K Jortikka FIN 19.54; 2 I Pleuger GER 17.41; 3 H Riedle GER 15.67
W80 1 A Kaukinen FIN 12.13; 2 G Khintchuk RUS 12.01; 3 L Dezentzer GER 11.32

Hammer

M40 1 V Larine RUS 51.95; 2 N Seli EST 51.73; 3 N Wichcombe GBR 50.84
M45 1 V Maganas GRE 56.96; 2 P Gordon GBR 53.78; 3 L Bozsa HUN 48.58; 4 A Woods GBR 46.53
M50 1 F Kulczynski POL 62.65; 2 A Busterud NOR 61.53; 3 C Black GBR 60.32; 09 B Lockley GBR 46.05
M55 1 H Viertbauer AUT 60.10; 2 R Fisker DEN 54.57; 3 R Krzesinski POL 53.63; 4 C Melliush GBR 49.42
M60 1 H Albrecht GER 51.90; 2 J Hansen

GER 51.56; 3 A Sakow POL 48.50; 022 A Williams GBR 24.04
M65 1 R Leino FIN 49.17; 2 A Boldan CZE 46.38; 3 I Tuomela FIN 45.14; 06 P Barber GBR 41.83; 11 P McEvoy GBR 37.88; 12 D Bays GBR 37.05
M70 1 R Rzehak GER 50.50 (CBP); 2 H Brandt GER 43.57; 3 P Saarikoski FIN 41.97; 05 J Hanus GBR 36.43
M75 1 L Tamm EST 36.24; 2 U Leimukoski FIN 35.30; H Fossnes NOR 34.73
M80 1 O Pursianen FIN 33.40; 2 E Svennevik NOR 29.60; 3 S Mustonen FIN 28.32
W35 1 C Hodel-Brunner SUI 51.00 (CBP); 2 J Smith GBR 41.02; 3 S Rogge GER 39.63
W40 1 M Duss SUI 47.05 (CBP); 2 E Mesloh GER 37.54; 3 A Marghieva MOL 34.46; 4 C Cameron GBR 33.77; 8 D Singleton GBR 27.26
W45 1 M Henriksson FIN 39.36; 2 S Lovgren FIN 36.19; 3 R Puikkonen FIN 35.50; 6 M Anness GBR 24.71; 7 J Piercy GBR 24.38
W50 1 I Faldager DEN 47.69; 2 A van Anholt NED 39.71; 3 L Shrosbree GBR 39.53
W55 1 G Mellmann GER 42.50; 2 H Boker GER 41.50; 3 I Kirchhofs GER 35.96
W60 1 H Erikson EST 40.18; 2 K Kangasmaki FIN 32.73; 3 R Lehtohalme FIN 30.66; 4 C Derrien GBR 29.31
W65 1 J Schafer GER 38.68; 2 A Scholten GER 32.25; 3 S Potsch AUT 31.77
W70 1 T Vuorinen FIN 26.26; 2 M Neubert GER 26.18; 3 M Barth GER 22.75
W75 1 K Jortikka FIN 23.15; 2 R Wiederhold GER 19.11; 3 M Laspa-Anttila FIN 14.70
W80 1 A Kaukinen FIN 16.22; 2 E Schepe GER 13.22

Javelin

M40 1 J Belak HUN 69.67; 2 S Havras UKR 63.69; 3 K Hakila FIN 58.50
M45 1 J Markus FIN 67.92 (ER); 2 I Muiznieks FIN 57.63; 3 J-O Damgren SWE 55.60
M50 1 E Kiuru FIN 65.22 (ER); 2 F Drap CZE 62.72; 3 E Porri FIN 54.26
M55 1 K Tuisku FIN 55.14; 2 J Kolar CZE 52.50; 3 J Funke GER 51.00
M60 1 A Sakow POL 54.09; 2 B Maier GER 50.80; 3 K Jaakkola FIN 49.27; 011 G Eccles GBR 42.73
M65 1 A Itkonen FIN 46.75; 2 N Hamalainen FIN 45.46; 3 J Phillips GBR 44.52; 013 C Taylor GBR 25.50
M70 1 H Noreborn SWE 46.47; 2 V Javavainen FIN 43.47; 3 H Will GER 42.92
M75 1 E Eriksson FIN 40.17 (ER); 2 H Lund NOR 29.09; 3 W Lasch GER 27.90
M80 1 V Kyro FIN 33.27 (CBP); 2 N Barth GER 25.82; 3 P Frech GER 24.71
M85 1 G Schepe GER 22.16 (ER); 2 T Pohja FIN 20.99; 3 E Tamm EST 17.32
W35 1 O Gogilineanu MOL 45.58; 2 A Anton GER 39.67; 3 M Tolonen FIN 38.24
W40 1 S Dejus LAT 46.25 (ER); 2 L Civiova LAT 34.95; 3 A Uhlig GER 28.29
W45 1 A Jensen DEN 36.08; 2 R Puikkonen FIN 35.01; 3 M Tummavuori FIN 33.25; 05 V Thompson GBR 28.53
W50 1 A Virkkala FIN 39.68; 2 M Franckx BEL 32.33; 3 C Peiffer SUI 31.45
W55 1 R Vogel GER 39.91; 2 H Boker GER 30.61; 3 T Rissanen FIN 29.73
W60 Results missing
W65 1 A Brommel GER 30.68; 2 S Kofink GER 30.40; 3 C Liess GER 28.84
W70 1 R Hanssens 25.60 (WR); 2 C Happ GER 21.17; 3 C Wippersteg GER 18.82
W75 1 H Riede GER 19.98; 2 K Jortikka FIN 17.22; 3 N Kutti EST 16.70
W80 1 G Khintchuk RUS 14.67; 2 A Kaukinen FIN 12.12

Pentathlon

M40 (LJ, JT, 200, DT, 1500) 1 B Slaughter GBR 3373 (5.91, 42.02, 25.15, 35.45, 4:39.34); 2 A De Geest BEL 3290; 3 S Mathieu GER 3089; 21 G Vorgic GBR 1560 (4.61, 28.73, 29.65, 21.29, 7:02.76)
M45 1 V Grouzenkine RUS 3788 (5.99, 46.81, 25.13, 39.73, 5:10.86); 2 A Saghy HUN 3675; 3 G Gentile 3593; 12 P Exley GBR 2228 (4.13, 35.87, 28.93, 31.04, 5:33.13); 13 B Gibbs GBR 2215 (4.51, 33.06, 27.65, 17.58, 5:55.05)
M50 1 U Weigel GER 3793 (5.67, 44.74, 25.42, 33.72, 5:17.88); 2 J Charlton GBR 3654 (5.79, 42.23, 26.58, 33.69, 5:22.96); B Nordin SWE 3504; 011 D Wallington 2935 (5.40, 33.10, 26.06, 30.00, 6:42.10)
M55 1 R Geese GER 4185 (5.19, 47.72, 26.24, 38.45, 5:22.08); 2 W Kraatz GER 3882; 3 M Jaatinen FIN 3728
M60 1 D Bartzsch GER 4383 (5.08, 46.66, 25.25, 42.23, 5:48.21); 2 J Ross GBR 3997 (4.52, 41.10; 3 26.38, 32.41, 4:59.20); 3 F GER 3745
M65 1 K Gerhard GER 4005 (4.84, 35.13, 28.98, 34.62, 5:50.67); 2 P Eriksson FIN 3997; 3 L Vandebosch BEL 3969; 07 J Phillips GBR 3077 (4.11, 41.59, 31.05, 27.84,

Page 18 Veteran Athletics

Harriers Northern Vets; 2 3:59:00 Black Minnie Unattached; 3 4:54:14 Furner Sue IOM Veterans AC; 4 5:29:04 Da Silva Selina Teignbridge Trotters

W45 1 3:52:37 Laws Sue Derwentside AC NEVAC

W55 1 4:21:17 Eden Lyn Nidd Valley Northern Vets; 2 5:03:38 Harrison Sylvia IOM Veterans AC

M40 1 2:42:46 Rawlinson Geoff Warrington AC Northern Vets; 2 2:43:24 Colclough Dale Trentham RC Northern Vets; 3 2:54:54; Baggaley Mick Trentham RC Northern Vets; 4 3:37:19 Evans Gareth Western AC IOMVAC; 5 5:31:24 Young Robert Doncaster Stainforth AC

M45 1 2:40:55 Callister Robbie IOM Veterans AC; 2 2:57:10 Rushton Ken Trentham RC Northern Vet; 3 2:57:47 Wallace Sandy Haddington & E Lothian; 4 2:59:18 Hughes Mark Trentham RC Midland Vet; 5 3:11:10 Bates Terry IOM Veterans AC; 6 3:15:41 Cooper Peter IOM Veterans AC; 7 3:26:10 Bagley Alan Manx Harriers IOM Veterans AC; 8 3:54:29 Shrubsole Clive E Veterans AC; 9 4:05:30 Black Roger Unattached

M50 1 2:49:12 Bell Jimmy Elswick Harriers NEVAC; 2 3:00:32 Baldwin Elwyn Durham City Harriers North Eas. 3 3:11:48 Tann Dave 100 Marathon Club; 4 3:28:39 Towers Jim Nidd Valley Northern Vets; 5 3:53:12 Tasker Dave IOM Veterans AC; 6 4:16:10 Cox Simon IOM Veterans AC; 7 4:19:09 Pilling Alan IOM Veterans AC

M55 1 3:32:32 Grady John IOM Veterans AC; 2 3:35:07 Brian-Davis Joe Portsmouth Joggers SWAC; 3 3:44:32 Shooter Ray IOM Veterans AC; 4 3:44:39 Phillips Graham Sale Harriers; 5 4:49:00 Waters James North East Veterans

M60 1 3:29:58 Armstrong George Haddington & E Lothian Scottish Veterans; 2 3:45:04 Chrystal Ian IOM Veterans AC

M65 1 3:55:33 Rosser David Amman Valley Harriers Welsh Veterans AA; 2 5:31:30 Kelly James Framlingham Flyers Eastern Vets AC.

August 20

BVAF PENTATHLON CHAMPIONSHIPS Solihull

M40 (LJ, JT, 200m, DT, 1500m)

1 B Slaughter (5.67, 43.19, 25.64, 34.53, 4:52.30) 3173;

2 R McAvoy (5.14, 40.93, 26.74, 24.06, 5:10.80) 2609;

3 T Taylor (5.17, 31.90, 28.64, 22.66, 4:29.80) 2443;

4 T Wall (3.11, 26.43, 34.34, 26.66, 7:30.50) 944.

M45

1 W Dubose (5.14, 46.11, 26.44, 31.54, 5:29.50) 3128;

2 I Turner (5.43, 28.08, 27.04, 21.75, 5:17.79) 2537;

3 J Ratcliff (5:24, 20.91, 26, 19.50, 5:08.20) 2672.

M50 1 J Charlton (5.74, 40.76, 26.44, 33.39, 5:20.30) 3610;

2 T Lewis (5.52, 35.24, 26.04, 24.43, 5:25.70) 3233;

3 D Wallington (5.61, 31.04, 26.34, 23.31, 6:21.10) 2883;

4 A Rowell (4.69, 30.46, 28.64, 24.32, 5:06.50) 2790;

5 B Gardt (4.83, 33.67, 28.94, 32.80, 6:02.10) 3610;

6 M Robertson (4.43, 31.63, 28.34, 24.28, 6:19.50) 2489;

7 J Fricke (5.19, 37.23, -, -, -) 1375.

M55 1 B Loten (4.68, 36.12, 29.64, 25.50, 5:44.50) 3037;

2 J Sloan (4.01, 32.54, 28.94, 32.21, 5:48.80) 2945;

3 M Joyce (4.60, 27.12, 28.44, 24.48, 5:43.70) 2869.

M60 1 J Ross (4.41, 38.99, 27.34, 29.48, 5:03.80) 3727.

M65 1 J Evans (3.68, 21.44, 32.84, 21.42, 6:22.90) 2565;

2 T Weyer (3.13, 22.97, 34.74, 22.02, 5:55.90) 2358.

M70 1 N Carter (3.08, 23.49, 36.94, 22.31, 7:15.30) 2275;

2 J Quantrell (2.78, 13.91, 34.54, 17.08, 6:34.80) 2071.

W35 (hurdles, HJ, SP, LJ, 800m)

1 W Laing (15.9; 1:56, 9.87, 5.26, 2:50.40) 3393.

W40 1 M Laing (12.44, 1.53, 10.59, 5.26, 2:39.70) 3948.

W55 1 J Charles (16.84, 1.13, 7.32, 3.65, 3:37.20) 2896.

W60 1 J Charles (16.84, 1.13, 7.32, 3.65, 3:37.20) 2896.

W65 1 J Charles (16.84, 1.13, 7.32, 3.65, 3:37.20) 2896.

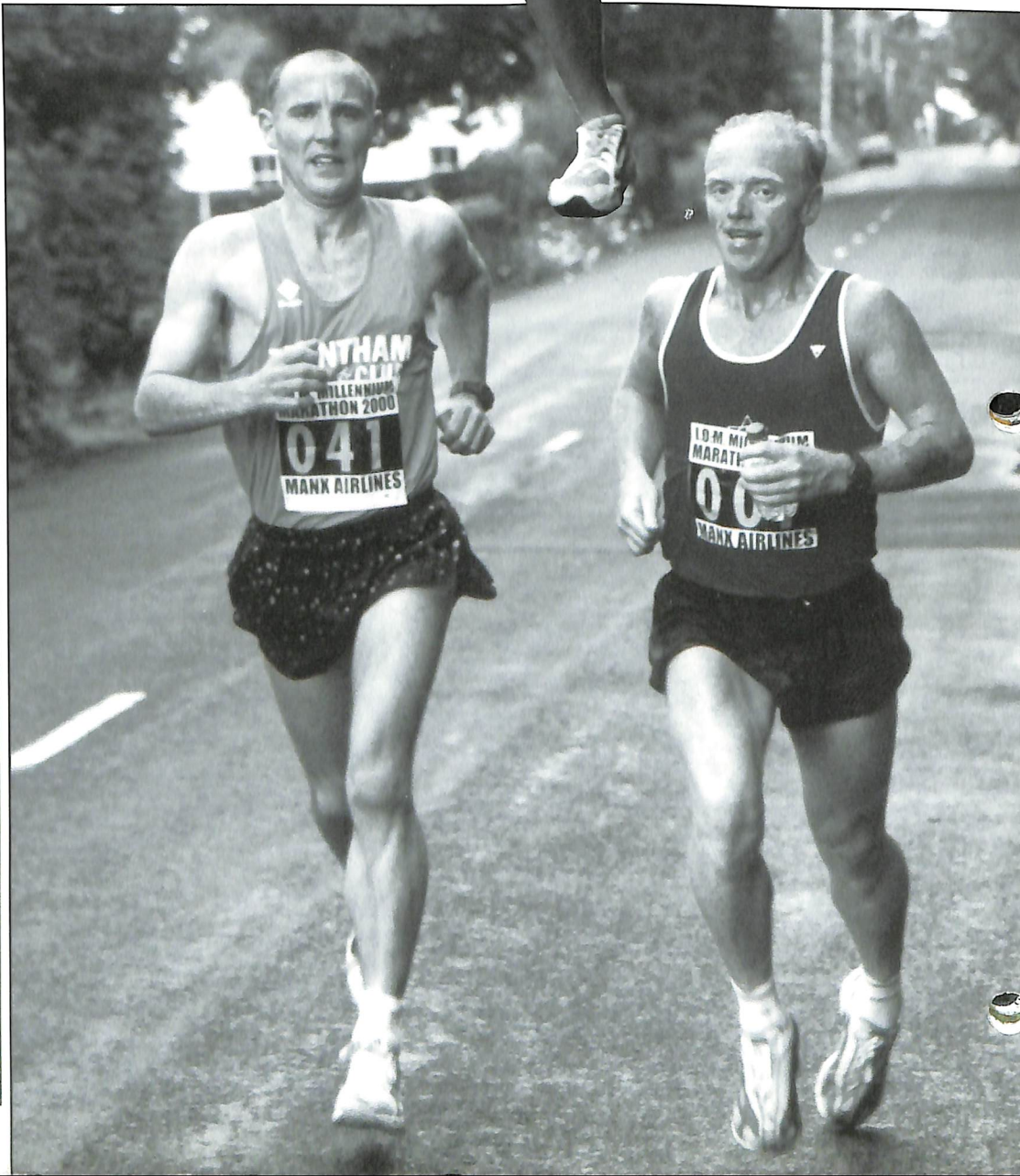
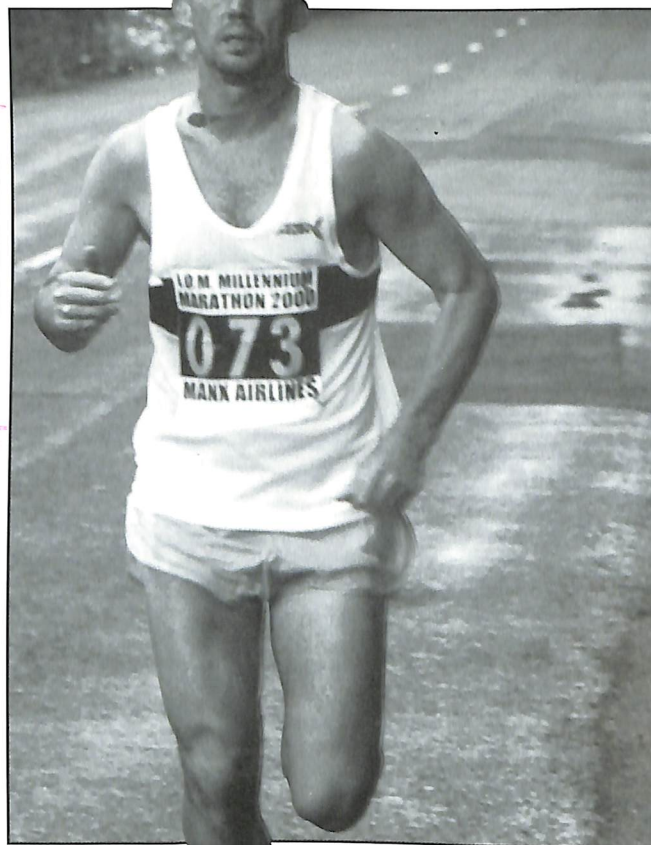
Local man makes good. Robbie Callister (top right) IOM VAC on his way to BVAF M45 Marathon title as well as first overall. Behind him Dave Colclough (041) and Geoff Rawlinson battle out the M40 title. Geoff prevailed by 40 seconds.

September 3 BVAF HALF MARATHON Wolverhampton

1 Mark Burnhope Tipton 1:07.34; 2 Mick O'Doherty Westbur 1:08.59; 3 Alan Jones Telford 1:14.21; 4 Stephen Davies Mansfield 1:14.53; 5 Alan Clarkson Clayton-le-M. 1:16.16; 6 Malcolm Eustace Tipton 1:16.29; 7 Glen Cox Tipton (M45) 1:17.40; 8 John Keeling Trentham (M55) 1:19.03; 9 Eddie Sanders Stourport (M50) 1:20.45; 10 Jon Hancock Oswestry (M45) 1:21.02; 11 Paul Hurcombe B'Rowheath 1:22.01; 12 Alan Austin Trentham (M50) 1:22.49; 13 Brian Russell Tipton (M50) 1:23.31; 14 Geoffrey Rigby Trentham (M55) 1:23.41; 15 Stan Fitzpatrick Liverpool (M60) 1:24.39; 16 Mick Ward Oswestry (M65) 1:24.40; 17 Alan Peers Spectrum (M60) 1:29.24; 18 Brian Worthington Birchfield 1:30.17; 19 David Ostins Peel RR (M55) 1:31.36; 20 Peter Dibb Northern V (M65) 1:32.07; 21 Eric Chambers E.Hull (M65) 1:32.27; 22 Mike Mahoney St Bedes (M60) 1:32.38; 23 Malcolm Ball N. Norfolk (M65) 1:33.07; 24 Jennifer Adams Northern V (W50) 1:33.27; 25 Mary Meredith Prestatyn (W55) 1:35.45; 26 Wm McNeil Durham (M70) 1:37.22; 27 Elaine Statham Stone MM (W55) 1:37.26; 28 Mervyn Huggins Midland V (M65) 1:38.03; 29 John Haden Tipton (M45) 1:39.12; 30 Mick Statham Stone MM (M55) 1:45.00; 31 Jeanne Bryan Cannock (W55) 1:45.25; 32 Kenneth Clark Northern V (M65) 1:48.05; 33 Derek Camwell M. Ferguson (M50) 1:56.26; 34 Ron Jones Northern V M70.

November 11 BVAF CROSS COUNTRY RELAY CHAMPIONSHIPS Princethorpe College, Rugby

M40 (6 x 4.5km)



1 Swansea 86:44 (K Davies 14:19; P Osborne 14:27; D Wilson-Evans 14:37; O Lewis 14:35; K Tobin 14:14; I Lloyd 14:32);
2 Brighton & Hove 88:19 (S Lonnen 15:02; G Hannafor 15:20; J Bristow 15:00; R Lannon 14:36; P Witcomb 14:40; N Gates 15:11);
3 Warrington 90:06 (G Radcliffe 14:46; S Burtham 15:17; M McDevitte 14:25; J Crehan 15:48; G Rawlinson 15:41; M Girvan 14:09);
4 Tipton 90:32 (M Strange 15:15; M Hager 14:12; R Stanier 15:47; M Burnhope 13:38; P Beckett 16:03; S Barker 15:37);
5 Trentham RC 91:10 (R Jibbs 14:48; A Simpson 16:18; E Whittaker 14:17; A Dodd 15:49; D Colough 16:30; M Roberts 14:28);
6 Halesowen 91:26 (A Walker 14:45; S Geggie 15:10; K Bright 14:50; B Bradley 15:11; J Ward 16:06; A Grant 15:24);
7 Birmingham Rowheath 92:10 (R Gray 14:59; P Hurcombe 15:57; S Hewitt 14:42; M Walton 15:16; J Llewellyn 15:36; H Fowler 15:40);
8 Bedford & County 94:35 (M Shotbolt 14:31; J McMahon 14:23; D Launes 15:08; R Lands 16:03; M Cowley 16:35; G Holmes 18:05);
9 Massey Ferguson 95:50 (T Metham 15:20; S Sheard 15:04; A Bryant 16:28; I Radford 16:12; S Parker 15:59; M Riley 16:47);
10 Huncote 99:30 (G Sleight 15:06; S Wright 16:45; J O'Flynn 15:50; D Grindell 17:24; M Sandford 15:28; D Blockley 18:57);
11 Centurion RR 100:11 (P Ecroft 14:58; P Taylor 15:12; P Bingham 15:14; D Emery 16:51; T O'Connor 19:24; G Wheeler 18:32);
12 Northbrook 100:33 (M O'Shea 14:19; A McHugh 16:28; K Banks 15:59; P Lawlor 17:30; C McHugh 17:55; T Gilan 18:22);
13 West Bromwich 101:47 (D Jones 15:27; P Smith 16:22; P Powell 16:44; N Monroe 17:10; J Stott 17:27; S Hawes 18:37);
14 Birmingham Rowheath B 103:29 (S Leslie 16:36; M Edwards 15:46; P Edwards 17:14; T Craddock 17:18; M Ludford 17:45; R Andrews 18:50);
5 Royal Sutton Coldfield 104:30 (P Kenny 15:55; D Hyde 16:44; J Curry 16:04; M Jones 16:37; T Daryl 20:31; M Sadler 18:39);
Incomplete teams: Halesowen B (A Tromans 16:02; A Nock 15:59; M Edwards 17:49; B Mier 17:35; P Allen 16:35); Tipton B 17:49; B Mier 17:35; A Grice 16:05; B Russell (T Williams 16:39; G Cox 17:02); Derby & County (T Barrable 15:21; T Fee 15:28; K Spare 15:11; P Hahn 15:51; P Ivans 15:40); Nuneaton M E-Elliott 16:49; P Coventry 17:22; D Daly 16:22; M Necak 16:23); Birchfield (M Wilkinson 18:05);
Fastest: 1 Burnhope 13:38; 2 Gates 13:41; 3 Girvan 14:09; 4 Hager 14:12; 5 Tobin 14:14; 6 Whittaker 14:17; eq7 O'Shea/Davies 14:19; 9 McMahon 14:23; 10 McDevitte 14:25

M50 (4 x 4.5km)

1 Trentham RC 63:51 (A Austin 16:09; G Rigby 16:30; R O'Keefe 15:04; J Keeling 16:08);

2 Blackheath 64:10 (J Phelan 15:44; K McHugh 15:39; P Hamilton 16:14; H Morten 16:33);

3 Sunderland 65:12 (J Maddison 16:32; L Christopher 16:37; E Maddison 16:17; V Tindle 15:46);

4 Derby & County 66:30 (M Smedley 16:00; J Fisher 16:31; M Robinson 16:42; S Tattersall 17:17);

5 Verlea 67:49 (S Mann 16:10; R Bloom 17:47; A Stedman 16:16; M Dixon 17:36);

6 Bedford & County 70:55 (P Dancer 16:58; B Thompson 17:36; E Pegg 17:15; D Stubbins 19:06);

7 Redhill RR 72:56 (P Whitehead 18:11; M Lever 19:02; C Astill 17:08; R Litchfield 18:35);

8 Massey Ferguson 73:40 (R Godfrey 16:21; B Holmes 18:50; D Phillips 22:56; G Patton 15:33); 9 Bedford & County B 77:00;

10 Composite Team n/s 78:34 (J Adams 18:58; J Matthews 18:28; M Sharland 20:23; AN Other 20:45);

11 Northbrook 84:34 (S Flanagan 22:38; A French 19:07; N Gilkes 19:39; T Murphy 23:10);

Fastest: 1 O'Keefe 15:04; 2 Patton 15:33; 3 Daniel 15:39; 4 Phelan 15:44; 5 Tindle 15:46

M60 (3 x 4.5km)

1 Swansea 52:57 (A Smith 19:00; J Collins 16:33; B Griffiths 16:54);

2 Wirral 55:14; (L Vaughan-Hodkinson 17:45; R Jones 18:41; L Carroll 18:48);

3 Massey Ferguson 57:46 (D Lyons 18:29; B Robinson 20:08; A Oglesby 19:09);

4 Halesowen 58:27 (L Woods 20:10; R Bunn 18:00; A Rollason 18:07);

5 Derby & County 58:47 (J Raw 19:24; M Butterly 19:05; M Knight 20:18);

6 Solihull & Small Heath 60:15 (P Morris 18:06; C Sloan 21:20; R Froggatt 20:49);

7 Birchfield 64:38 (B Roberts 19:45; K Parry 23:15; W Morgan 21:38)

Incomplete team: Massey Ferguson B (P Estick 21:48)

Fastest: 1 Collins 16:33; 2 Griffiths 16:54; 3 Vaughan-Hodkinson 17:45; 4 Morris 18:06; 5 Rollason 18:07; 6 Lyons 18:29

W35 (3 x 4.5km)

1 Derby Ladies 50:58 (W Roethenbaugh 17:02; Y Crawley 17:04; J Cunningham 16:52);

2 Shaftesbury Barnet 51:00 (L Cole 17:47; K Armstrong 17:08; S Heath 16:05);

3 Macclesfield 52:13 (J McBride 17:14; B Murray 18:04; P Atkinson 16:55);

4 Hunscode 60:57 (S Edwards 21:18; B Owen 21:03; J Kendall 18:36);

5 Northbrook 68:43 (J Neville 20:55; A Roebuck 21:22; M Leake 26:26)

Fastest: 1 Heath 16:05; 2 Cunningham 16:52; 3 Atkinson 16:55; 4 Roethenbaugh 17:02; 5 Crawley 17:04; 6 Armstrong 17:08

W45

1 Northampton Phoenix 56:14 (J Meeten 16:35; B Parkinson 19:43; L Carter 19:56);

2 Shaftesbury Barnet 63:10 (I Peaty 19:58; J Young 20:48; C Brown 22:24);

3 Royal Sutton 63:26 (L Foulger 21:09; L Taylor-Green 21:32; M Perry 20:45);

4 Derby Ladies 66:31 (J Jackson 17:52; S Clarkson 24:19; D Robinson 24:20)

Fastest: 1 Meeten 16:35; 2 Jackson 17:52; 3 Parkinson 19:43; 4 Carter 19:56; 5 Peaty 19:58

W55

1 Shaftesbury Barnet 89:12 (L Fogg 35:46; B Atkinson 27:31; J Evans 25:55)

(Incomplete team): Stone Masters (E Statham 18:12)

Fastest: Statham 18:12

November 18

BRITISH AND IRISH VETERANS' CROSS COUNTRY CHAMPIONSHIPS

Navan, Co. Meath, Ireland (Report page 12)

M40 (10km)

1 N Gates (E, M45) 33:18; 2 B Atkinson (E) 33:34; 3 I Ellis (W) 33:38; 4 C Donnelly (S) 33:53; 5 T O'Connor (I) 33:54; 6 M Burnhope (E) 34:05; 7 P Hegarty (I) 34:11; 8 T Payne (I) 34:18; 9 P Morrison (E) 34:20; 10 S Robinson (E) 34:23; 11 C Rothery (I) 34:24; 12 B Gardner (S) 34:25; 13 T O'Halloran (I) 34:28; 14 I Lloyd (W) 34:30; 15 G Brady (I, M45) 34:34; 16 I Stewart (S) 34:42; 17 S Owen (E, M45) 34:43; 18 E Irving (E) 34:43; 19 D Dymond (S) 34:44; 20 M Hagar (E, M50) 34:45; 21 L Atkinson (E, M45) 34:47; 22 M Girvan (E, M45) 34:50; 23 M Flower (W, M45) 34:59; 24 K Varney (S, M45) 34:05; 25 A Rowe (E) 35:06; 26 E McEvoy (I, M45) 35:11; 27 G Gafney (S) 35:20; 28 G Sim (S, M50) 35:25; 29 M McGeoch (W, M45) 35:26; 30 P Carbutt (E, M45) 35:26; 31 O Lewis (W, M45) 35:31; 32 P O'Shea (I) 35:41; 33 P Osbourne (W) 35:44; 34 C McDougall (S, M50) 34:45; 35 S McAnaney (NI) 35:49; 36 R Jenkins (E) 35:51; 37 T Anderson (S) 35:54; 38 M Shields (NI, M45) 35:57; 39 C Dickinson (E, M50) 35:59; 40 J Foster (W) 36:01; 41 J Doyle (I, M45) 35:10; 42 D Allen (NI) 36:21; 43 T Murphy (I, M45) 36:21; 44 J Murphy (I, M50) 36:21; 45 J Collins (W, M45) 36:23; 46 J Collins (W, M45) 36:23; 46 A McLinden (S, M45) 36:28; 47 D Evans (W, M50) 36:31; 48 F Connor (S, M45) 36:37; 49 D Noonan (I, M50) 36:40; 50 D Overton (E, M50) 36:41; 51 B Jones (W) 36:43; 52 J Hanratty (S, M45) 36:44; 53 D Cowie (S, M45) 36:45; 54 F Davidson (NI, M40) 36:45; 55 N Cahoon (NI, M45) 36:48; 56 P Jones (W) 36:56; 57 G Mullane (I, M45) 36:56; 58 J Patience (NI) 36:57; 59 G Meredith (S, M50) 36:59; 60 J Todd (I, M50) 36:59; 61 P Murphy (NI, M45) 37:01; 62 F Williams (NI) 37:04; 63 C Youngson (S, M50) 37:10; 64 D Fairweather (S, M55) 37:13; 65 A Jenkins (S, M45) 37:18; 66 F Reilly (I, M55) 37:25; 67 R O'Keefe (E, M50) 37:28; 68 I Spiers (NI, M50) 37:31; 69 G Patton (E, M55) 37:31; 70 M Tabor (W, M45) 37:39; 71 P Walker (W, M50) 37:46; 72 A Keyes (NI, M45) 37:46; 73 N Robson (E, M50) 37:48; 74 M Kelly (I, M45) 37:50; 75 B Young (S, M55) 37:53; 76 B Rankin (I, M50) 37:54; 77 S Johnston (W, M50) 37:56; 78 T Eakin (NI, M50) 38:01; 79 P Probin (E, M50) 38:12; 80 J Weir (NI) 38:24

TEAM: 1 England 23; 2 Ireland 27; 3 Scotland 45; 4 Wales 57; 5 Northern Ireland 98

M45: 28 G Bell (NI) 38:26; 29 J Rees (W) 38:52; 30 M McCausland (NI) 40:10;

TEAM: 1 England 13; 2 Ireland 38; 3 Wales 45; 4 Scotland 62; 5 Northern Ireland 83

M50: 20 R O'Gorman (S) 37:53; 21 F Cashman (I) 38:39; 22 J Hayes (NI) 38:42; 23 D Davies (W) 38:53; 24 J Russell (W) 39:04;

25 B Howie (S) 39:30; 26 B Rea (NI) 40:23; 27 J Crutcher (W) 40:42; 28 E Frizzell (NI) 40:47; 29 I Gordon (S) 40:59; 30

TEAM: 1 Ireland 21; 2 Scotland 28; 3 England 28; 4 Wales 64; 5 Northern Ireland 77

M55: 5 M McHugh (I) 38:55; 6 A Egan (W) 38:57; 7 E Davies (W) 39:07; 8 L Hayes (E) 39:18; 9 M Welland (E) 39:45; 10 B Campbell (S) 40:07; 11 T Murphy (I) 40:08; 12 R Bowen (W) 40:16; 13 E Campbell (NI) 40:39; 14 H Andre (NI) 41:05; 15 K Buckle (W) 42:47

TEAM: 1 Scotland 15; 2 Ireland 18; 3 England 20; 4 Wales 25; 5 Northern Ireland 43

M60: 1 S James (E) 38:56; 2 L Presland (E) 39:38; 3 H Clayton (E) 40:05; 4 I Leggett (S) 40:11; 5 F Gibbs (E) 40:33; 6 J Collins (W) 41:18; 7 J Reid (NI) 41:42; 8 J O'Brien (W) 42:10; 9 M Neville (I) 42:21; 10 S Cooney (I) 43:17; 11 J Hynes (I) 43:46; 12 A Shaw (S) 43:49; 13 J Bennett (I) 43:54; 14 C Hughes (W) 44:45; 15 G Armstrong (S) 45:03

TEAM: 1 England 6; 2 Wales 28; 3 Ireland 30; 4 Scotland 31; 5 Northern Ireland 44

M65: 1 K Spacie (E) 40:54; 2 M Ward (E) 43:03; 3 G Oliver (E) 43:34; 4 B McFall (S) 44:18; 5 W Neenan (I) 45:16; 6 P Craddock (I) 45:32; 7 J Irvine (S) 45:52; 8 I Barnes (E) 46:09; 9 D Rosser (W) 46:50; 10 H Morrison (S) 48:02; 11 A Phillips (W) 48:50; 12 W Davies (W) 49:08; 13 G Ward (NI) 49:38; 14 S Reid (NI) 50:02; 15 B Grimsom (NI) 50:16

TEAM: 1 England 6; 2 Scotland 21; 3 Ireland 28; 4 Wales 32; 5 Northern Ireland 42

W35 (5km)

1 A Keenan-Buckley (I) 16:56; 2 M Donoghue (I) 18:17; 3 J Gray (E, W40) 18:19; 4 S Ridley (S) 18:26; 5 S Hatch (NI) 18:27; 6 K Marshall (NI, W45) 18:40; 7 C Evans (E) 18:51; 8 C Wheeler (W, W40) 18:52; 9 S Barbour (E, W40) 18:57; 10 S Allen (E, W40) 19:00; 11 N Porter (I) 19:02; 12 C Pauzers (E) 19:05; 13 F Gill (W, W40) 19:12; 14 A Sullivan (I, W40) 19:17; 15 A Murphy (I) 19:23; 16 J Stevenson (S, W50) 19:25; 17 S Coyne (E) 19:30; 18 M Greenham (I, W40) 19:32; 19 C Parnell (I, W45) 19:34; 20 J Hough (I, W40) 19:36; 21 C Kilkenny (E, W45) 19:40; 22 P Affleck (S, W40) 19:46; 23 S Dodds (NI, W40) 19:48; 24 J Ross (E, W45) 19:49; 25 A Nixon (W, W40) 19:54; 26 M Statham (E, W45) 20:03; 27 A Hurford (E, W40) 20:06; 28 S Finch (S) 20:11; 29 E McBrinn (S) 20:14; 30 W Edwards (W) 20:16; 31 M Jennings (I, W40) 20:19; 32 A Keogh (E) 20:33; 33 A Roden (E, W50) 20:26; 34 J Heffernan (E, W45) 20:38; 35 Z Marchant (E, W50) 20:40; 36 A Saxena (W, W45) 20:44; 37 E Turner (W, W40) 20:48; 38 C Evans (W) 20:52; 39 G Carragher (I, W40) 21:01; 40 A Whitelaw (W, W40) 21:02

TEAM: 1 Ireland 9; 2 England 21; 3 Scotland 24; 4 Northern Ireland 40; 5 Wales 42

W40: 15 J McCall (S) 21:03; 16 J Waterhouse (S) 21:38; 17 B McAllister (NI) 21:52

TEAM: 1 England 8; 2 Wales 18; 3 Ireland 21; 4 Scotland 40; 5 Northern Ireland 45

W45: 10 D Kenwright (W) 21:02; 11 L Hogan (I) 21:05; 12 P Griffin (I) 21:21

TEAM: 1 England 12; 2 Ireland 19; 3 Wales 27; 4 Northern Ireland 30

W50: 4 K Todd (S) 21:03; 5 B Burke (I) 21:05; 6 L White (E) 21:17; 7 E Dowling (I) 21:32; 8 A McGreal (I) 21:57; 9 J Coyle (I) 22:05; 10 F Garland (E) 22:12; 11 F Farquar (S) 22:20; 12 S Adkins (W) 22:42; 13 H Bradley (S) 22:51; 14 M Docking (W) 23:12

TEAM: 1 England 11; 2 Scotland 16; 3 Ireland 20; 4 Wales 41

W55: 1 E Statham (E) 21:20; 2 D Tsakarisianos (E) 23:07; 3 J Byng (S) 23:29; 4 K Dempsey (I) 23:30; 5 P Jones (E) 23:36; 6 M Meredith (W) 23:41; 7 A Woodcock (I) 23:46; 8 C Lee (E) 24:06; 9 P Thomas (W) 25:02; 10 G Walshe (I) 25:48

TEAM: 1 England 8; 2 Ireland 21; 3 Wales 26

December 10
BVAF 10 MILE ROAD CHAMPIONSHIP
Brockwell Park, London
(Report Page 1)

Men
(1 Nigel Gates B&H-M45 53:57; 2 Alex Rowe Wesh-M40 54:24; 3 Jim McMahon Bed C-M40 55:18; 4 Bob Shannon B&H-M40 55:32; 5 Martyn Flower Ports-M45 56:41; 6 Steve Lonnen B&H-M40 57:22; 7 Richard Jenkin Hill-M40 57:37; 8 Graham Hannafor B&H-M45 57:40; 9 D Morris Box-M40 57:46; 10

Dave Wheeler Ox C-M45 58:12; 11 Mike Barron Harrow-M40 58:20; 12 Brian Green Ox C-M40 58:50; 13 Andy Catton If-M45 59:20; 14 Neil Robson Bing-M50 59:29; 15 Tony Harran HHH-M40 59:32; 16 Terry Knightley If-M40 59:34; 17 Alan Daglish Vaux-M50 59:47; 18 Steve Allen If-M40 59:53; 19 Kevin Sparey Avon-M45 59:59; 20 John Willoughby QPH-M50 60:36; 21 Des Michael Barn-M50 60:57; 22 Fred Gibbs Bing-M60 61:50; 23 Vince Hancock HW-M55 62:09; 24 Richard Francis Metros-M40 62:27; 25 Peter Marsh Barn-M50 62:32; 26 Walter Hill Craw-M45 62:38; 27 John Neighbour Dul R-M40 n/s 62:43; 28 Peter Andrews Norw-M60 63:59; 29 Liam O'Hare Barn-M50 64:23; 30 John Shirley Barn-M50 64:32; 31 Richard Long Ports-M40 64:38; 32 Owen Phipps If-M50 65:01; 33 Stuart Marsh Wells-M50 65:21; 34 Andy Murray Dul R-M45 65:27; 35 Paul Oates HHH-M50 65:34; 36 Stephen Knight HHH-M50 66:06; 37 Martin Clarke If-M45 66:24; 38 Stuart Littlewood HW-M45 66:42; 39 Glyn Jenkins Inv-M55 66:54; 40 Brian Butcher Unatt-M50 67:16; 41 Martin Morley Dul R-M45 n/s 68:16; 42 Peter Sparks Vets AC-M45 68:17; 43 Ed Rockliffe Avon-M55 68:46; 44 Ian Sessan Dul R-M40 n/s 69:32; 45 Phil Turley E&E-M60 69:48; 46 Len Parrott Hav-M65 70:10; 47 Bernie Hobbs Avon-M50 70:22; 48 John Taylor E'bne R-M60 70:51; 49 Derek Poole Holm't-M55 71:00; 50 Charles Rayner W4H-M45 71:12; 51 Andrew Johnson S'oaks-M55 71:37; 52 Mike Winter HHH-M50 72:00; 53 Patrick Fox Unatt-M40 72:23; 54 John Maslinski Vets AC-M50 72:40; 55 John Roberts With-M65 73:11; 56 Ian Hall Serp-M45 75:02; 57 Don Adie Dul R-M70 75:09; 58 Mick Harran HHH-M60 75:26; 59 William Davies Winch-M70 75:55; 60 Bernard Imber Dul R-M50 n/s 77:20; 61 George Conneally If-M40 78:59; 62 Ken Hylton If-M45 80:19; 63 John Brassington Unatt-M60 84:15; 64 Derek Smith Morn C-M70 84:18; 65 Geoff Crowder B'thm-M65 85:18; 66 Ron Russell Unatt-M65 86:23; 67 Peter Torre SB-M55 87:50; 68 Mike Morley Vets AC-M55 87:55; 69 Frank Copping Ips J-M75 95:32

TEAM: 1 Brighton & Hove 3:44:31; 2 Ilford 4:03:54; 3 Barnet & District 4:12:24; 2 Herne Hill H 4:39:06;

M40: 1 Alex Rowe; 2 Jim McMahon; 3 Bob Shannon

M45: 1 Nigel Gates; 2 Martyn Flower; 3 Graham Hannafor

M50: 1 Neil Robson; 2 Alan Daglish; 3 John Willoughby

M55: 1 Vince Hancock; 2 Glyn Jenkins; 3 Ed Rockliffe

M60: 1 Fred Gibbs; 2 Peter Andrews; 3 Phil Turley

M65: 1 Len Parrott; 2 John Roberts; 3 Geoff Crowder

M70: 1 Don Adie; 2 William Davies; 3 Derek Smith

M75: 1 Frank Copping

Women

1 Danielle Sanderson Wat-W35 61:07; 2 Alison Fletcher Dul R-W35 61:13; 3 Sally White Chilt-W35 65:06; 4 Helen Smethurst LFR-W35 67:42; 5 Yvonne Shashova Orion-W35 67:58; 6 Josie Heffernan Chilt-W45 68:10; 7 Judy Brown Vets AC-W45 68:48; 8 Joanne Jenkins Inv-W40 70:26; 9 Pauline Michael Trent P-W35 71:28; 10 Lynn Tanner Colc & T-W45 71:39; 11 Marion Rayner W4H-W50 71:46; 12 Ros Tabor Dul R-W50 72:31; 13 Jayne Pope Dul R-W40 73:29; 14 Claire Wyngard Dul R-W35 75:40; 15 Yvonne Thomas Dul R-W40 77:22; 16 Pam Jones If-W60 77:33; 17 June Johnson S'oaks-W55 79:29; 18 Denise Ellis Avon-W35 79:38; 19 Sandy Poole Hurst't-W55 80:49; 20 Amariyiss Roper Unatt-W40 81:42; 21 Kay Franklin If-W55 85:52; 22 Mavis Orban Toot-W55 86:00; 23 Florence Conneally If-W40 86:50; 24 Terri Gough Vets AC-W55; 92:32; 25 Francesca Wright HHH-W35 100:17; 26 Sally Dawson HHH-W35 100:17

TEAM: 1 Dulwich Runners 3:17:13; 2 Ilford AC 4:00:15

W35

W35:

BRITISH AND WORLD

UNITED KINGDOM (As of 5 March 2000)

60 METRES

M40	K Ansah	7.05	Birmingham	02.03.96
M45	V Oliver	7.22	Birmingham	01.03.98
M50	B Townley	7.46	Glasgow	22.02.97
	F Taylor	7.4	Cosford	25.03.88
	R Taylor	7.4		
M55	B Green	7.63	Birmingham	01.03.97
	B Green	7.6	Birmingham	01.03.97
	R Taylor	7.6	Cosford	31.03.90
M60	R Taylor	7.76	Glasgow	20.03.94
M65	C Williams	8.17	Birmingham	02.03.96
M70	A Meddings	8.52	Glasgow	28.02.98
M75	C Fairey	9.3	Cosford	03.92
M80	C Fairey	9.98	Birmingham	01.03.97
M85	A Beckett	11.4		
W35	J Kirby	7.80	Glasgow	20.03.94
W40	J Harwood	8.04	Glasgow	28.02.98
	H Godsell	8.0	Crystal P	18.02.96
W45	H Godsell	8.14	Birmingham	27.02.99
W50	M Lewington	8.42	Birmingham	01.03.98
W55	U Gore	8.91	Glasgow	20.03.94
W60	J Ogden	9.4	Cosford	25.03.88
W65	J Ogden	9.40	Glasgow	20.03.94
W70	J Ogden	9.98	Birmingham	27.02.99
W75	M Wixey	11.53	Birmingham	02.03.96
W80	M Williams	15.67	Birmingham	01.03.97

200 METRES

M40	S Peters	22.82	Birmingham	02.03.97
M45	V Oliver	22.76	Birmingham	01.03.98
M50	R Taylor	23.8		
M55	R Taylor	24.7	Cosford	31.03.90
M60	R Taylor	25.25	Glasgow	20.03.94
M65	C Williams	26.41	Birmingham	02.03.97
M70	A Meddings	27.40	Birmingham	01.03.98
M75	A Lovett	32.65	Birmingham	02.03.97
M80	C Fairey	34.06	Birmingham	02.03.97
W35	J Kirby	25.29	Cosford	05.12.92
W40	J Harwood	25.99	Glasgow	28.02.98
W45	M Hocknell	27.1		
W50	M Lewington	28.39	Birmingham	17.01.99
W55	J Hulls	29.8	Birmingham	12.02.95
W60	J Hulls	31.59	Birmingham	26.02.00
W65	J Ogden	32.0	Cosford	20.03.93
W70	J Ogden	33.11	Glasgow	28.02.98

400 METRES

M40	D Elderfield	51.06	Birmingham	25.01.98
M45	P Browne	52.1	Birmingham	12.02.95
M50	J Henson	54.7	Cosford	20.03.93
M55	J Henson	56.31	Malmo	07.03.99
M60	F Taylor	60.22	Birmingham	02.03.97
M65	T Clowry	65.83	Birmingham	02.03.97
M70	R Atherton	72.37	Birmingham	02.03.96
M75	L Watson	79.1	Cosford	31.03.90
M80	E Warwick	1:54.28	Birmingham	02.03.97
W35	J Matthews	57.17	Birmingham	26.02.00
W40	L Talbert	60.73	Birmingham	26.02.00
W45	C Marler	59.86	Birmingham	02.03.97
W50	M Hocknell	65.63	Glasgow	20.03.94
W55	J Hulls	68.86	Glasgow	20.03.94
W60	J Hulls	73.55	Birmingham	26.02.00
W65	T Borthwick	80.38	Birmingham	02.03.97
W70	P Taylor	1:56.0	Cosford	31.03.90

800 METRES

M40	P Browne	1:55.63	Cosford	16.02.90
M45	P Browne	1:57.32	Budapest	29.01.95
M50	J Potts	2:05.09	Birmingham	11.02.95
M55	R Phipps	2:08.15	Birmingham	17.01.99
M60	J Newcombe	2:16.9	Birmingham	02.03.97
M65	H Tempan	2:24.81	Glasgow	17.03.91
M70	J Todd	2:34.2	Glasgow	.03.92
M75	J Todd	2:43.35	Birmingham	02.03.97
M80	E Warwick	3:59.65	Birmingham	02.03.97
M85				
W35	P Gallagher	2:13.6		
W40	D Howard	2:18.60	Birmingham	07.02.99
W45	C Marler	2:19.7	Birmingham	01.02.97
W50	P Gallagher	2:25.6	Birmingham	01.02.97
W55	J Hulls	2:40.42	Birmingham	02.03.96
W60	P Jones	2:56.91	Birmingham	02.03.97
W65	T Borthwick	3:00.05	Birmingham	02.03.97

1500 METRES

M40	G Grant	3:57.16	Birmingham	01.01.95
M45	J Potts	4:03.69	Cosford	09.03.90
M50	J Potts	4:14.73	Birmingham	26.02.95
M55	J Potts	4:27.01	Cardiff	13.02.00
M60	M Morrell	4:37.80	Glasgow	20.03.94
M65	H Tempan	4:53.02	Glasgow	17.03.91
M70	J Todd	5:13.1	Glasgow	03.92
M75	J Todd	5:42.26		03.02.97
M80	E Warwick	8:19.34	Birmingham	02.03.96
M85	E Farrell	8:41.47	Glasgow	22.02.97
W35	J Holt	4:33.35	Birmingham	02.03.96
W40	D Howard	4:43.33	Birmingham	31.01.99
W45	P Gallagher	4:44.0		

W50	P Gallagher	4:51.68	Birmingham	07.02.98
W55	J Jay	5:24.35	Glasgow	28.02.98
W60	J Ross	5:59.7	Cosford	31.03.90
W65	J Ross	6:14.16	Glasgow	20.03.94
W70	J Waller	6:50.6	Cosford	20.03.93

3000 METRES

M40	N Gates	8:20.16	Birmingham	23.01.94
M45	N Gates	8:45.19	Malmo	04.03.99
M50	L Pressland	8:58.8	Cosford	31.03.90
M55	S James	9:23.43	Glasgow	20.03.94
M60	A Brown	9:43.88	Glasgow	20.03.94
M65	W Marshall	10:32.28	Glasgow	13.03.93
M70	W Marshall	11:15.72	Glasgow	28.02.98
M75	J Todd	12:12.72	Birmingham	28.02.97
M80	G Porteous	14:10.79	Glasgow	20.03.94
W35	J Asgill	9:32.93		
W40	P Gallagher	9:52.84	Cosford	09.01.87
W45	P Gallagher	10:00.05		
W50	P Gallagher	10:17.53	Birmingham	04.01.97
W55	E Statham	11:25.18	Birmingham	26.02.00
W60	J Ross	12:33.4	Cosford	31.03.90
W65	J Ross	13:09.42	Glasgow	20.03.94
W70	J Waller	14:13.7	Cosford	20.03.93

60m HURDLES

M40	P McIlfrack	8.49	Glasgow	20.03.94
	H Moscrop	8.49	Birmingham	27.02.99
M45	P McIlfrack	8.86	Malmo	06.03.99
M50	T Wells	8.92	Malmo	06.03.99
M55	B Ferguson	9.23	Birmingham	28.02.97
M60	C Shafto	9.74	Birmingham	02.03.96
M65	I Steedman	10.54	Glasgow	02.04.94
M70	L Williams	10.9	Crystal Palace	27.02.93
M75	A Rawlinson	15.1	Bedford	19.03.95
M80	A Rawlinson	16.41	Birmingham	28.02.97
W35	C Court	8.20	Glasgow	24.02.96
W40	J Vernon	8.8		
	J Harwood	8.88	Glasgow	28.02.98
W45	J Vernon	9.51	Glasgow?	17.03.91?
W50	J Fail	10.05	Birmingham	26.02.00
W55	J Hulls	10.9	Birmingham	12.02.95
W60	C Graham	12.03	Birmingham	28.02.97

LONG JUMP

M40	B Williams	7.52	Birmingham	02.03.96
M45	J Charlton	6.40	Cosford	13.03.93
M50	P Duckers	5.84	Cosford	14.03.93
M55	F Taylor	5.63	Cosford	.03.92
M60	A Bateman	5.35	Birmingham	28.02.97
M65	C Adlam	4.51	Birmingham	02.03.96
	A Kalarai	P4.72	Cosford	20.03.93
M70	A Kalarai	4.16	Birmingham	26.03.89
M75	A Lovett	4.03	Birmingham	28.02.97
W35	J Pearson	5.22	Cosford	31.03.90
W40	J Wills	5.32	Cosford	14.03.93
W45	J Fail	4.80	Birmingham	01.03.97
W50	J Fail	4.86	Birmingham	26.02.00
W55	C Graham	4.09	Crystal Palace	29.02.92
W60	E Steedman	3.80	Glasgow	02.04.94
W65	M Wixey	3.63		
W70	M Wixey	3.06	Cosford	.03.92
W75	M Wixey	2.71	Birmingham	01.03.97

TRIPLE JUMP

M40	S Power	14.15	Cosford	11.01.86
M45	S Power	13.10	Cosford	26.03.88
M50	S Power	12.74	Birmingham	01.03.97
M55	S Power	12.45	Birmingham	10.01.99
M60	T Crocker	10.24	Birmingham	01.03.97
M65	J Crehan	9.46	Birmingham	01.03.97
	A Kalarai	P9.68	Cosford	20.03.93
M70	L Williams	9.25	Crystal Palace	27.02.93
M75	D Philcox	7.20	Birmingham	02.03.96
W35	J Brown	11.49	Birmingham	02.03.97
W40	J Pryce	10.48	Birmingham	26.02.00
W45	P Oakes	9.70	Crystal Palace	25.02.95
W50	M Simmonds	9.52	Birmingham	02.03.97
W55	R Chrimes	8.57	Glasgow	26.03.89
W60	C Graham	8.35	Birmingham	02.03.97
W65	M Wixey	6.66	Glasgow	26.03.89
W70	M Wixey	6.37	Cosford	.03.92
W75	M Wixey	5.17	Glasgow	21.02.98

HIGH JUMP

M40	G Griffiths	1.83	Glasgow	26.03.89
M45	S Power	1.71	Cosford	26.03.88
	E Fitzgerald	P1.76		
M50	E Fitzgerald	1.71	Glasgow	21.02.98
M55	S Power	1.65	Birmingham	20.03.94
M60	T Bateman	1.60	Birmingham	27.02.99
M65	G Leete	1.45	Cosford	.03.92
M70	N Carter	1.23	Birmingham	13.02.00
M75	J Searle	1.10		
	A Rawlinson	1.10	Glasgow	09.04.95
M80	A Rawlinson	1.04	Birmingham	02.03.97
W35	J Brown	1.71	Crystal Palace	18.02.96
W40	J Brown	1.62	Bedford	15.01.00
W45	J Smallwood	1.55		
W50	R Chrimes	1.36		

W55	R Chrimes	1.36		
W60	R Chrimes	1.30	Birmingham	01.03.97
W65	R Chrimes	1.25	Birmingham	
W70	M Wixey	0.93	Birmingham	12.02.95
W75	M Wixey	0.88	Glasgow	22.02.97

POLE VAULT

M40	M Bull	4.40	Glasgow	17.03.91
M45	A Williams	4.32	Birmingham	26.02.00
M50	G Sutton	4.00	Birmingham	11.02.96
M55	R Brown	3.80		88?
M60	R Brown	3.60	Stoke	10.12.94
M65	R Brown	3.30	Glasgow	28.02.98
M70	A Woods	2.40	Birmingham	26.02.00
M75	A Rawlinson	2.00	Cosford	.03.92
M80	A Rawlinson	1.80	Glasgow	28.02.98
M85				
W35	N Bradshaw	3.35	Birmingham	26.02.00
W40	J Cunnane	3.20	Birmingham	08.02.98
W45	A Wainwright	2.60	Birmingham	26.02.00
W50	P McNab	2.55	Cosford	20.03.93
W55	M Coombe	1.70	Birmingham	27.02.99

SHOT

M40	S Clark	16.10	Cosford	09.02.74
M45	N Griffin	13.60	Birmingham	02.03.97
M50	N Griffin	15.61	Horsham	20.02.00
M55	D Myerscough	14.10	Birmingham	27.02.99
M60	D Vanhegan	13.81		
M65	G Hickey	12.51	Crystal Palace	18.04.99
M70	B Metcalfe	10.61		
M75	J Gercs	9.21	Birmingham	27.02.99
	B Metcalfe	P9.46	Cosford	21.03.92
M80	W Baker	7.33		
W35	B Carter	13.45	Cosford	28.03.87
W40	J Kerr	13.75		89
W45	J Kerr	11.54		
W50	R Chrimes	12.48		
W55	E Williams	12.09	Birmingham	12.02.95
W60	E Williams	11.97	Malmo	05.03.99
W65	R Chrimes	10.61	Birmingham	27.02.99
W70	J Ogden	7.98	Birmingham	27.02.99
W80	M Williams	4.36	Birmingham	28.02.97

3000m WALK

M40	R Care	13-07.9	Cosford	31.03.90
M45	R Care	13-03.3	Cosford	20.03.93
M50	A Smallwood	13-06.0	Cosford	20.03.93
M55	D Stevens	14-11.2	Cosford	21.03.92
M60	B Gore	15-00.1	Birmingham	26.02.00
M65	G Chaplin	15-39.67	Birmingham	02.03.96
M70	L Creo	17-34.8	Birmingham	12.02.95
M75	J Grimwade	17-41.6	Cosford	21.03.92
M80	J Grimwade	17-41.4	Cosford	20.03.93
M85	G Mitchell	21-13.8	Birmingham	26.02.00
W35	S Black	13-52.12	Birmingham	01.03.97
W40	C Reader	15-59.69	Birmingham	02.03.96
W45	A Lewis	15-52.71	Birmingham	02.03.96
W50	A Lewis	16-47.54	Birmingham	26.02.00
W55	J Langford	17-31.74	Glasgow	20.03.94
W60	M Worth	17-27.9	Cosford	20.03.94
W65	M Worth	17-38.4	Birmingham	12.02.95
W70	B Randle	18-23.0	Birmingham	27.02.99

INDOOR RECORDS

WAVA (As of 2 November 1999)

60 METRES

M40	6.97	Eddie Hart	(USA)	3-24-90
M45	7.02	Stan Whitley	(USA)	3-23-91
M50	7.37	Harold Morioka	(CAN)	3-20-93
M55	7.53	Hugo Hartenstein	(USA)	3-24-90
M60	7.7	Payton Jordan	(USA)	1-7-78
M65	7.8	Cecil Paul	(CAN)	3-8-86
M70	8.39	John O'Neill	(CAN)	3-5-94
M75	8.92	John O'Neill	(CAN)	3-27-99
M80	9.39	Roderick Parker	(USA)	3-27-99
M85	11.10	Bert Morrow	(CAN)	3-28-98
M90	13.64	Karl Trei	(CAN)	3-27-99
M95	16.96	Everett Hosack	(USA)	3-1-97
W35	7.80	Jocelyn Kirby	(GBR)	3-20-94
W40	8.01	Denise Foreman	(USA)	3-22-97
W45	8.02	Phil Raschker	(USA)	2-25-95
W50	8.05	Phil Raschker	(USA)	3-1-97
W55	8.90	Brunhilde Hoffmann	(GER)	1-26-97
W60	9.05	Irene Obera	(USA)	2-25-95
W65	9.40	Joan Ogden	(GBR)	3-20-94
W70	10.12	Joan Ogden	(GBR)	2-28-98
W75	11.33	Gunnar Svensson	(SWE)	3-5-99
W80	14.39	Pearl Mehl	(USA)	2-25-95

200 METRES

M40	22.19	Bill Collins	(USA)	2-26-95
M45	22.57	Bill Collins	(USA)	2-14-99
M50	23.76	Harold Morioka	(CAN)	3-21-93
M55	23.76	Charles Allie	(USA)	3-28-99
M60	24.09	Stephen Robbins	(USA)	2-15-98
M65	25.10	Larry Colbert	(USA)	3-29-98
M70	26.41	Charles Williams	(USA)	3-2-97
M75	27.40	Allan Meddings	(GBR)	3-1-98
M80	29.82	Gerhard Herbst	(GER)	3-7-99
M85	32.9	Barry Ivers	(USA)	3-17-91
M90	39.14	Bert Morrow	(CAN)	3-29-98
M95	68.6	Mikko Salonen	(FIN)	-87
M99	66.78	Everett Hosack	(USA)	4-6-97
M95	25.29	Jocelyn Kirby	(GBR)	1-8-93
W35	25.29	Denise Foreman	(USA)	2-8-97
W40	25.67	Phil Raschker	(USA)	2-26-95
W45	26.18	Phil Raschker	(USA)	3-2-97
W50	26.52	Brunhilde Hoffmann	(GER)	3-2-97
W55	29.62	Joan Ogden	(GBR)	3-26-89
W60	31.6	Joan Ogden	(GBR)	3-20-93
W65	32.0	Joan Ogden	(GBR)	2-28-98
W70	33.11	Gunnar Svensson	(SWE)	3-7-99
W75	40.52	Nora Wedemo	(SWE)	3-2-97
W80	48.42	Ivy Granstrom	(CAN)	3-28-99
W85	76.43			

400 METRES

M40	50.15	Fred Sowerby	(ANT)	2-22-92
M45	49.89	Fred Sowerby	(USA)	1-29-94
M50	52.72	Harold Morioka	(CAN)	2-25-95
M55	54.36	Harold Morioka	(CAN)	3-27-99
M60	56.32	Larry Colbert	(USA)	3-22-97
M65	59.53	Earl Fee	(CAN)	2-25-95
M70	61.31	Earl Fee	(CAN)	3-27-99
M75	69.59	Göte Lindblad	(SWE)	3-7-99
M80	75.58	Roderick Parker	(USA)	3-27-99
M85	1:40.86	Russell Randall	(USA)	3-20-93
M90	P2:47.3		(FIN)	-87
M95	54.48	Mikko Salonen	(USA)	3-22-97
W35	54.48	Adina Valdez	(USA)	1-25-07
W40	57.67	Denise Foreman	(GBR)	3-2-97
W45	59.86	Caroline Marler	(GBR)	3-20-94
W50	65.63	Marjorie Hocknell	(CAN)	2-25-95
W55	67.38	Diane Palmason	(USA)	1-5-96
W60	70.69	Carolyn Cappelletta	(GBR)	3-2-97
W65	80.38	Toni Borthwick	(USA)	3-28-98
W70	88.79	Patricia Peterson	(USA)	3-22-97
W75	1:41.15	Louis Adams	(USA)	2-25-95
W80	2:25.03	Pearl Mehl	(CAN)	3-27-99
W85	2:39.23	Ivy Granstrom		

800 METRES

M40	1:54.96	William Wuyke	(USA)	2-14-99
M45	1:57.32	Peter Browne	(GBR)	1-29-95
M50	2:05.8	Ken Baker	(USA)	1-17-88
M55	2:08.15	Reginald Phipps	(GBR)	1-17-99
M60	2:16.64	Earl Fee	(CAN)	1-18-92
M65	2:16.80	Earl Fee	(CAN)	3-27-94
M70	2:20.45	Earl Fee	(CAN)	3-28-99
M75	2:42.35	James Todd	(GBR)	3-2-97
M80	3:13.39	Roderick Parker	(USA)	3-28-99
M85	5:33.18	Harold Masse	(USA)	3-28-99
W35	2:03.2	Ileana Silai	(ROM)	2-7-78
W40	2:01.59	Yekaterina Podkopyayeva	(URS)	2-6-94
W45	2:19.7	Caroline Marler	(GBR)	2-1-97
W50	2:25.6	Pat Gallagher	(GBR)	2-1-97
W55	2:37.34	Gerda van Kooten	(HOL)	1-29-95
W60	2:44.22	Carolyn Cappelletta	(USA)	3-17-96
W65	2:56.63	Jean Horne	(CAN)	3-29-98
W70	3:36.58	Sumiye Onodera	(USA)	3-28-99
W75	3:46.79	Louis Adams	(USA)	3-23-97
W80	5:16.53	Ivy Granstrom	(CAN)	3-31-96
W85	5:59.98	Ivy Granstrom	(CAN)	3-28-99

1500 METRES

M40	3:45.3	Eamonn Coghlan	(IRL)	2-26-93
M45	4:03.69	John Potts	(GBR)	3-9-90

M50	4:14.73	John Potts	(GBR)	2-26-95
M55	4:28.5	Vic Heckler	(USA)	3-15-98
M60	4:37.80	Maurice Morrell	(GBR)	3-20-94
M65	4:47.11	Earl Fee	(CAN)	3-26-94
M70	5:27.4	Austin Newman	(USA)	3-23-86
M75	5:42.26	James Todd	(GBR)	3-2-97
M80	6:30.78	Holger Josefsson	(SWE)	3-7-99
M85	8:41.47	John Farrell	(GBR)	2-22-97
M90	14:28.4	Mikko Salonen	(FIN)	-88
W35	4:05.4	Ileana Silai	(ROM)	3-17-87
W40	4:09.29	Yekaterina Podkopyayeva	(URS)	3-14-93
W45	4:44.0	Pat Gallagher	(GBR)	1-17-90
W50	4:51.8	Pat Gallagher	(GBR)	2-8-98
W55	5:20.29	Gerda van Kooten	(HOL)	3-17-96
W60	5:54.62	Brigitte Eklund	(SWE)	3-7-99
W65	6:14.16	Joselyn Ross	(GBR)	3-20-94
W70	6:50.6	Jose Waller	(GBR)	3-20-93
W75	7:43.3	Pearl Mehl	(USA)	4-1-89
W80	12:37.13	Pearl Mehl	(USA)	2-25-95

3000 METRES

M40	8:20.16	Nigel John Gates	(GBR)	1-23-94
M45	8:46.80	Renato De Palmas	(ITA)	3-9-85
M50	8:58.8	Les Presland	(GBR)	3-31-90
M55	9:23.43	Stephen James	(GBR)	3-20-94
M60	9:43.88	Andrew Brown	(GBR)	3-20-94
M65	10:11.60	Ed Whitlock	(CAN)	3-9-96
M70	11:15.72	William Marshall	(GBR)	2-28-98
M75	12:12.72	James Todd	(GBR)	2-28-97
M80	14:10.79	Gordon Porteous	(GBR)	3-20-94
W35	8:39.14	Regina Jacobs	(USA)	3-5-99
W40	9:52.8	Rita Marchisio	(ITA)	3-4-90
W45	10:41.0	Dot Fellows	(GBR)	3-31-90
W50	10:17.53	Pat Gallagher	(GBR)	1-4-97
W55	11:42.90	Gerda van Kooten	(HOL)	2-28-97
W60	12:08.8	Molly Turner	(CAN)	3-5-94
W65	13:09.42	Joselyn Ross	(GBR)	3-20-94
W70	14:13.7	Jose Waller	(GBR)	3-20-93
W75	15:43.66	Louis Adams	(USA)	3-21-97
W80	23:41.32	Ivy Granstrom	(CAN)	3-29-96
W85	25:57.92	Ivy Granstrom	(CAN)	3-26-99

60m HURDLES

M40	8.15	Stan Druckrey	(USA)	4-1-89
M45	8.54	Stan Druckrey	(USA)	2-25-95
M50	8.47	Walt Butler	(USA)	3-20-93
M55	8.63	Courtland Gray	(USA)	2-14-99
M60	9.14	Phil Mulkey	(USA)	3-20-93
M65	9.8	Buck Bradberry	(USA)	2-20-93
M70	10.23	Melvin Larsen	(USA)	4-5-98
M75	11.05	Edwin Lukens	(USA)	3-28-98
M80	13.37	Ahti Pajunen	(FIN)	3-3-90
M85	14.36	Karl Trei	(CAN)	3-4-95
W35	8.20	Clova Court	(GBR)	2-24-96
W40	8.8	Judy Vernon	(GBR)	1-4-86
W45	9.18	Phil Raschker	(USA)	2-25-95
W50	9.38	Phil Raschker	(USA)	4-6-97
W55	11.0	Carina Graham	(GBR)	3-20-93
W60	11.35	Rietje Dukman	(HOL)	3-6-99
W65	11.93	Leila Kaas	(EST)	3-6-99
W70	14.98	Asta Larsson	(SWE)	3-6-99
W75		Leonore McDaniel	(USA)	-5-98

LONG JUMP

M40	7.52	Barrington Williams	(GBR)	3-2-96
M45	6.90	Tapani Taavitsainen	(FIN)	2-3-90
M50	6.47	Stig Backlund	(FIN)	3-3-90
M55	5.96	Stig Backlund	(FIN)	3-5-99
M60	5.58	Dick Richards	(USA)	3-22-97
M65	5.31	Melvin Larsen	(USA)	1-13-91
M70	5.05	Melvin Larsen	(USA)	2-25-95
M75	4.30	Ed Lukens	(USA)	3-28-98
M80	3.63	Thomas Walsh	(USA)	3-15-98
M85	3.12	Karl Trei	(CAN)	3-4-95
M90	2.49	Karl Trei	(CAN)	3-26-99
W35	6.16	Willie White	(USA)	3-3-75
W40	5.61	Phil Raschker	(USA)	3-28-87
W45	5.75	Phil Raschker	(USA)	3-5-94
W50	5.00	Phil Raschker	(USA)	3-1-97
W55	4.50	Brunhilde Hoffmann	(GER)	1-26-97
W60	4.58	C. Schmalbruch	(GER)	3-6-99
W65	3.71	Leonore McDaniel	(USA)	3-6-93
W70	3.40	Leonore McDaniel	(USA)	3-28-98
W75	2.98	Mary Holland	(USA)	4-11-99

TRIPLE JUMP

M40	16.08	Ray Kimble	(USA)	2- -94
M45	14.82	Milan Tiff	(USA)	2-26-95
M50	13.72	Stig Backlund	(FIN)	3-4-90
M55	12.92	Stig Backlund	(FIN)	3-6-99
M60	12.13	Amelio Compri	(ITA)	3-9-85
M65	10.92	Amelio Compri	(ITA)	3-3-90
M70	9.97	Ed Lukens	(USA)	3-19-93
M75	9.38	Ed Lukens	(USA)	3-21-97
M80	7.95	Esko Kolhonen	(FIN)	3-19-94
M85	5.48	James Elliot	(USA)	3-28-99
M90	5.18	Karl Trei	(CAN)	3-28-99
W35	11.97	Agni-Agnes Georgiou	(GRE)	3-2-97
W40	10.78	Phil Raschker	(USA)	3-20-88
W45	11.02	Danielle Desmier	(USA)	3-2-97

W50	10.49	Phil Raschker	(USA)	3-21-97
W55	8.57	Rosemary Chrimmes	(GBR)	3-26-89
	P8.89	Rietje Dukman	(HOL)	3-7-99
W60	9.45	C. Schmalbruch	(GER)	3-7-99
W65	7.71	Elsa Enarsson	(SWE)	3-7-99
W70	6.93	Leonore McDaniel	(USA)	3-7-98
W75	5.30	Margaret Hinton	(USA)	3-27-99

HIGH JUMP

M40	2.06	Jim Barrineau	(USA)	3-30-96
M45	1.92	Mark Chelnov	(URS)	3-18-90
M50	2.00	Thomas Zacharas	(GER)	3-2-97
M55	1.71	John C. Brown	(USA)	1-11-86
	1.71	Jaroslav Hanus	(CZE)	3-7-99
M60	1.65	Jim Gilchrist	(USA)	3-24-90
M65	1.62	Jim Gilchrist	(USA)	3-19-93
M70	1.46	Nils-Bertiv Nevruup	(SWE)	3-7-99
M75	1.35	Esko Kolhonen	(FIN)	3-3-90
M80	1.26	Esko Kolhonen	(FIN)	3-19-94
M85	1.06	James Elliot	(USA)	3-27-99
M90	0.89	Karl Trei	(CAN)	3-27-99
M95	0.86	Everett Hosack	(USA)	3-2-97
W35	1.76	Leslie Eastwick	(CAN)	3-1-96
W40	1.72	Debbie Brill	(CAN)	2-25-95
W45	1.58	Phil Raschker	(USA)	2-25-95
W50	1.53	Phil Raschker	(USA)	3-23-97
W55	1.48	Renate Vogel	(GER)	3-6-99
W60	1.32	C. Schmalbruch	(GER)	3-6-99
W65	1.23	Leonore McDaniel	(USA)	3-21-93
W70	1.19	Leonore McDaniel	(USA)	3-7-98
W75	1.00	Margaret Hinton	(USA)	3-27-99
W80	0.80	Margareta Sarvana	(FIN)	3-4-90

POLE VAULT

M40	5.18	Earl Bell	(USA)	8-26-95
M45	4.65	Ed Lipscomb	(USA)	3-1-98
M50	4.27	Larry McIntyre	(USA)	3-28-98
M55	4.02	Boo Morcom	(USA)	-81
M60	3.91	Dale Lance	(USA)	3-27-98
M65	3.42	Jerry Donley	(USA)	2-25-95
M70	3.15	Boo Morcom	(USA)	1-8-93
M75	2.82	Carol Johnston	(USA)	3-19-88
M80	2.40	Carol Johnston	(USA)	4-4-92
M85	1.67	A. E. Pitcher	(USA)	3-19-88
W35	2.44	Phil Raschker	(USA)	3-14-82
W40	3.20	Jennifer Cunnane	(GBR)	2-8-98
W45	3.31	Phil Raschker	(USA)	3-17-96
W50	3.05	Phil Raschker	(USA)	3-2-97
W55	2.44	Joy McDonald	(USA)	3-27-98
W60	2.00	Dorothy McLennan	(IRL)	3-2-97
W65	1.99	Leonore McDaniel	(USA)	3-6-93
W70	2.09	Leonore McDaniel	(USA)	4-5

AROUND THE REGIONS

VETERAN ATHLETICS ASSOCIATION OF ENGLAND.

At the AGM of the Association it was agreed that in future Annual Accounts of the Association will close on 31 December and the Annual General Meetings will be held as part of the Delegates Meetings in March of each year.

Therefore, we give due notice to members that the next AGM of VAAE will be held on Saturday 17 March 2001 at 2.00 pm. Member Clubs or individuals should contact our Secretary, Bridget Cushen before 17 February 2001 if they have relevant items or resolutions for the Agenda.

Inter-Area Club Track and Field Challenge, Grantham 24 September 2000

What dreadful weather greeted athletes who came from all across the country to Grantham for this key event in the VAAE calendar. However, the welcome from Eastern Vets AC was warm and everyone enjoyed the fierce competition.

In all, seven Area teams took part with many athletes doubling or even trebling events to provide a cracking afternoon of sport. The standard of competition was high and the points table was eagerly watched right up to the last events in both the Women's and Men's matches. The final outcome being that the hosts Eastern VAC won the women's match, Midlands the Men's match with EVAC just taking the overall match for the Bill Taylor Challenge Trophy.

A special mention must go to the Officials who, in my opinion, deserve the 'Drowned Rats Award for Gallantry' for their fortitude in withstanding the awful weather. Also, Peter Duhig who risked life and limb to take over the mike following his Steeplechase with water cascading all over the commentary box floor. Well done everyone - we could not compete without your support. Your Committee will be looking to publish next year's date and events early to give more time for selection.

Cross Country International Selection

Thanks to all Area Club Delegates who attended the

recent meeting at Solihull. Your conscientious preparation on behalf of your athletes enabled selection to proceed much more smoothly this year. Congratulations to all athletes chosen to represent England in Navan (see report on page 12).

Irene Nicholls

SCOTLAND

The annual general meeting of the Scottish Veteran Harriers Club took place at the Coatbridge Sports Centre on 15 October with an attendance of some 45 members. The outgoing president Cammy Spence mentioned in his report the successes of Scots in the two major international veterans championships of the year 2000. Membership secretary Fred Parsons reported a 119 decrease in numbers compared with 1999, when competitors in the World Championships at Gateshead were required to be members of SVHC. All present were urged to entice former members to rejoin and to enrol non-registered veterans competing in open races into membership. Treasurer Betty Steedman's report revealed a balance over the past year's workings to 31 August of £1025.

The election of officers and committee for 2000/2001 saw William Drysdale (Law & District) succeeding Cammy Spence as president, with George Kennedy (Clydesdale) chosen as the new vice-president. One of the club's longest serving and dedicated members Jim Geddes was made an honorary life member. It is also pleasing to report that Molly Wilmoth (Springburn H), another of our devoted officials with nearly 50 years involvement in athletics, was awarded honorary life membership of the Scottish Athletics Federation earlier in the year.

Prior to the AGM two competitions were held at the Coatbridge arena. The club's annual Andy Forbes 10,000m track championship attracted one of the largest entries for many years and resulted in another resounding win for Brian Kirkwood (M45) in 32:58 with Lynn Marr (W40) first woman in 40:06. That redoubtable throws expert John Freebairn (M60) again

organised a weight pentathlon, which he proceeded to win with a season's best of 3645 points with another M60, Bill Gentleman next on 3259 points. Bill's return to competition after a whole season out through injury included a new hammer record of 48.48m. Susan Freebairn (W35) scored 3096 points.

Seven Scots achieved gold medal honours this year in the two major championships of the year 2000 - the WAVA Non-Stadia at Valladolid in May and the EVAA Track & Field at Jyväskylä in July - Trudi Thomson (Pitreevie) in the W40 half-marathon (78: 16), Janette Stevenson (Falkirk VH) the W50 10km (37:39) and Willie Marshall (RH Cambuslang) the M70 10km (39:57.5) were winners in Spain.

On top of the podium in Finland were Claire Cameron (City of Glasgow) in the W40 discus (40.50m), Esther Linaker (Pitreevie) the W55 100 metres (14.37), Bobby Stevenson (Ayr) the M45 400 metres hurdles (59.46) and Alastair Dunlop (Stornoway) the M45 800 metres (2:00.05) and 1500 metres (4:16. 18).

Winners of the SVHC trophies for the best age-graded performances at the track and field championships this year were John Steede (M55) men's track, Esther Linaker (W55) women's track, Eamon FitzGerald (M50) men's field, Sylvia Wood (W55) women's field and Aberdeen AAC the champion club on points.

New Scottish veterans best performances have been set this year by John Ross, 300 metres hurdles in 48.07 and pentathlon with 3997 points; Chris Black, 6k hammer with 62.33m and 64.05 throws; Bill Gentleman, 5k hammer at 48.48m; Janet Lyon, pole vault of 2.67m; and Margery Swinton, a 500g javelin throw of 23.66m.

The dates of the SAF National Indoor Veterans Championships which again include the Combined Events, are February 24 and 25 in the Kelvin Hall, Glasgow. Veterans south of the border who wish to compete should contact the SAF office at Caledonia House, South Gyle, Edinburgh EH12 9DQ or e-mail:

admin@saf.org.uk. Details are also on our website: www.saf.org.uk

The Scottish Association of Track Statisticians will be producing their 2001 Annual which includes leading veterans performers in all track and field events. Scottish veterans from outside Scotland with notable performances for inclusion should send full details (club, date of birth, venue and date of performance) to me, Ian Steedman, 33 Grange Loan, Edinburgh EH9 2ER by 31 December. **Ian Steedman**

SCVAC

This is the time of the year for annual awards and at the SCVAC AGM, 8 December, trophies were presented in various categories, based as usual on age gradings. In former years these have been outdoors T&F competition. However, the committee earlier mooted that there should also be awards for indoor events. Consequently, Jean Hulls was awarded the Women's Trophy for her new British 60 metre Hurdles record of 11.24 which is worth 96.70%.

The male result was not quite as cut and dried. 64 year old Byron Grey just edged out Bob Fraser who is 52. Their respective times for 60 metres were 8.38 and 7.72 which resulted in percentage figures of 94.27% and 94.17%.

The male outdoor rankings were equally competitive, Dave Wilcock's 1:59.48 800 metres equating to 94.72% compared with Phil Delbaugh's 10.91 metres worth 94.68%.

Jennie Matthews is, of course, an outstanding international 400m Hurdler and her best of the year, 59.14, was worth 95.60% which made her an easy winner of the women's track award.

Jenny Brown is equally impressive in the jumps division and her new W40 British high jump record of 1.70 equates to 94.44%. New member Rez Cameron won the M40 Triple Jump Championship at Bedford with 14.53 (87.16%) and also take the men's jump award.

Similarly Evaun Williams is the outstanding champion in the women's throws section, her best Hammer throw of 40. earned her a percentage of 98.15%! Esther Augee the World W35 Hammer champion at Gateshead had a best throw

of 54.68m this year but, at the tender age of 36, this only rates at 93.82%.

● male throwers were more competitive. Chris Melliush got in a good Hammer throw of 53.50m at Ewell in April, worth 88.57%. Despite Neil Griffin's greater consistency, his best mark was his 15.66 Shot Putt which earned him 'only' 88.22%.

Another much coveted perpetual trophy, "The Norman Martin" trophy - dedicated to one of our most respected former members and awarded for the best over-70 performance at the T&F championships - went fittingly to sprinter Sylvester Stein who reached a new age category on Christmas Day. At Portsmouth, Sylvester's 16.59 100m equated to 85.53% with Doug Theringham runner-up with his 3km walk of 17:33, worth 83.88%.

Meanwhile, throughout the year, the road runners were contesting the Grand Prix events. This year there were seven road championships ranging from 5km to the Marathon, with the participant's best five results counting. The 1998 winner Martin Clarke duly ran in the first five events and amassed an overall total of 173 points out of a possible 200. He then sat out the last two races - the longest and the shortest and awaited developments.

Rob Sargent was the runner up with 129 points. Martin's Ilford teammate, the 1999 women's winner, Pam Jones, had only to compete in two of the events to retain her title as, at the age of 61 and still going like a train, there are very few who could hope to score as many points on the age graded system. It was rather disappointing, however, that no woman competed in more than two of the series. Come on Ladies, there are good prizes out there waiting to be won. Let's see more of you in 2001.

One of our most respected members, although failing to win any of the aforementioned awards, deserves a mention in this column for his magnificent Indian Summer. Seventy-one year old John Borland in the 50th London to Brighton race on October 1, winning the Ron White Cup for the oldest finisher in 9:51:49 for the tough 55 miles. The following weekend he completed 96 miles 233

yards in the Sri Chinmoy 24 hour race at Tooting Bec track. For good measure he broke the over-70 record at the Abingdon Marathon a mere fortnight later in 3:57:19. **Jack Fitzgerald**

WALES

The Welsh Veteran's AA held their annual presentation evening and celebratory buffet at the now traditional venue of the Aberdare Hall in Cardiff on Friday November 24th. However, one difference from previous years was parking restrictions in the vicinity and the presence of some rather potent cars due to the roads of the nearby civic centre being the over night base for the Network Q motor rally.

In passing, it is worthy of comment that some of the older males present still find the venue stirs past memories. Aberdare Hall is the women's hall of residence of the University; in former, less liberal times, it was effectively barred to males and rejoiced in the unofficial title of "The Virgins Retreat"!

After the usual sumptuous buffet, Chairman Dave Williams presented trophies for the summer Track and Field League.

John Collins then gave a brief report on the previous week-ends cross country international in Navan. He was followed by Bill Kingsbury, himself the well deserved winner of several British awards during the past twelve months to make presentations to John Walters, John Loney, Mary Webb and John Collins for their various contributions to athletics in the Principality. **John H Collins**

Kay Davies organised the Amman Valley Fund Raising Marathon for research into Mylemoma (bone marrow cancer) for which she herself has been receiving treatment. Runners were sponsored for £10 for one lap of the track. A number of personalities were involved and the event was a such a huge success that the fund stands at £10,000 and counting. Congratulations to Kay and all her organisers.

Finally, congratulations to ourselves for managing to make a surplus on both the T&F Championships and the 10km road event, Thanks to those who put in the required work.

Dave Walsh

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Photograph: Jeremy Hemming

DRIVE TO WIN

Phillip Delbaugh, who turned forty on 18 January last year, became a revelation amongst the M40s and will be worth looking out for at the WAVA Championships in Brisbane, writes *Alastair Aitken*. Besides his indoor successes he ran 100m in 10.91 and 200m in 22.47 to win both sprint Golds at last year's European Championships in Finland, both championship best times.

In the 200m Delbaugh overtook the 1999 WAVA 100m champion, Bernard Dupoy (France) in the home straight. He went on to win the BVAf sprint titles at Bedford in 10.93 and 22.46.

Questioned about the European Championships he explained, "The 100m on 9 July could not have been more of a text book race, all my preparations were geared to the Europeans. I had raced on 5 July in the Inter-Services and went out to Finland on the 6th."

In the Inter-Services at Aldershot, Delbaugh was first 'B-string runner (he is usually the A-string for Hillingdon AC in the Southern League) for the RAF with 11.05. The overall winner was Josiffe Thomas (Army) - who represented Sierra Leone in the Olympics -

with 10.65 from Andy Hughes (10.69), Delbaugh's training partner in the RAF'.

Delbaugh recalled the BVAf 100m Final: "My start was not good when I ran (that) 10.93... As soon as I came out of the blocks I knew I had a bad start. I was driving hard after 70 metres".

Corporal Delbaugh initially only ran for the RAF, his best 100 metres time is 10.8 from twenty years ago! "I don't believe age is something you should put against yourself. I train with fast guys like the RAF's No 1 sprinter. I have done weights for years so my tendons and muscles are strong ... I hope to do 10.7 to 10.8 next year."

Delbaugh is his own instructor for weight training but says that his racing technique and training has improved entirely because of coaching by Madeline Cobb (the prolific international sprinter in the late 1950s). Back in 1996 and 1997 Phillip Delbaugh was brakeman for the Great Britain 2 bob sleigh team in the World Championships. He did the event for four years but of athletics and its various aspects he explains, "I love training. I always train hard and try to win. But everyone out there is trying to win".

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